



Friends of Peace Pilgrim

A Non-Profit, Tax-Exempt, All Volunteer Organization
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Late Fall 2007

“Overcome evil with good, falsehood with truth, hatred with love” - Peace Pilgrim

Number 50

Dear Friends of Peace Pilgrim

Fall colors blazed and are now fading across the New England hills reminding us of the ebb and flow of the changing seasons and the richness of life on this beautiful planet. This is the 50th issue of the Friends of Peace Pilgrim newsletter. The first edition was mailed out twenty years ago, in the fall of 1987.

With a mixture of sadness and joy (see boxes to the right) we can report that the “pilgrimage” is alive and well. People from around the world continue to discover Peace Pilgrim through friends, family, our website, and chance encounters with copies of our books, booklets, and other offerings that have been circulating for almost 25 years. Those of you who contact us for materials to share, are also Peace’s continuation. Shortly before her “transition to a freer life” in 1981, Peace Pilgrim mentioned to a friend that she felt her pilgrimage was about to take a new form. She did not know exactly what that would be but she seemed certain that a change was imminent. A few months later she was killed in an automobile accident near Knox, Indiana. While we might think that her pilgrimage ended in a certain place and on a specific date, if we look more deeply we can see that it was only transformed into a new form. Every time someone is touched by Peace’s message, every time a “Steps” booklet is passed along, every time we are encouraged by the lessons she brought into the world, the pilgrimage’s continuation is evidenced. We offer thanks to our many friends who are so instrumental in this process.

In our first issue we included a short article entitled “Symptoms of Inner Peace”. It was presented as being anonymous in origin. A few months ago we were contacted by the author who found the online version of newsletter Number 1 on our website. We are happy to reprint that offering in the current issue along with some additional words from its creator.

The “Peace Pilgrim Pole” project first mentioned a couple of issues back has finally gotten off the ground. The first state pole was dedicated in Oklahoma City, Oklahoma on November 11, 2007. Another state pole should be following soon in Sacramento, California. We have also placed a pole on the grounds of Peaceful Pathways, home of the Friends of Peace Pilgrim archives in Copperopolis, California. Articles inside will bring you up to date on this initiative and let you know how you can help organize a Peace Pilgrim Pole for your state capital.

In Peace and Friendship,

*Cheryl Canfield, Richard Polese, Mayte Picco-Kline,
Jeff Blom, Bruce Nichols, and John Rush*

The Friends of Peace Pilgrim Board

Together Again



Ann Rush and Peace Pilgrim circa 1980

In the early morning hours of November 18, 2007 our dear friend and Friends of Peace Pilgrim board member Ann Rush made her “glorious transition” to a freer life. Ann was an inspiration to all who knew her. For eighteen years she and husband, John, ran the first Peace Pilgrim Center from their home in Hemet, California where her enthusiasm for our work could be heard in every interaction with the many visitors and callers who sought to learn more about the life and message of Peace Pilgrim. Ann was one of the compilers of our book *Peace Pilgrim: Her Life and Work in Her Own Words* and also authored our popular pamphlet, *Peace Pilgrim: An Extraordinary Life*. In her last days, Ann was surrounded by family and friends who offered love and comfort. Our next newsletter will include more details about the life of our beloved mentor and friend. If you have any stories or comments you would like to share, please send or email them to our Shelton, CT address.

“Death is a beautiful liberation into a freer life. The limiting clay garment, the body, is put aside. The self-centered nature goes with you to learn and grow on the disembodied side of life, and then returns here into a suitable clay garment and suitable circumstances to learn the lessons we need to learn. Could we but see a bit deeper into life, we would grieve at birth and rejoice at death. If we but knew how short is the earth life in comparison with the whole, we would be less troubled with the difficulties of the earth life than we are troubled now with the difficulties of one of our days.” Peace Pilgrim

Oklahoma Peace Pilgrim Pole Dedicated on November 11

by Bruce Nichols

On a warm and sunny Sunday, November 11, 2007 about 60 people gathered on the grounds of Epworth United Methodist Church in Oklahoma City to dedicate the first of what we hope will eventually be fifty "Peace Pilgrim Poles" – one in each of the fifty state capitals.

That the event took place on November 11 seemed especially significant. On that date eighty-nine years before, the First World War had ended at the eleventh hour of the eleventh day of the eleventh month. For the next thirty-six years "Armistice Day" was celebrated in the United States and Europe, often with two minutes of silence at eleven AM. In 1954 the name of the US holiday was changed to Veterans Day to honor those who had served and died in wars subsequent to the "war to end all wars". The proclamation signed by President Harry Truman read, in part, "rededicating ourselves to the cause of peace." So, standing beside the wooden pole bearing four plaques inscribed with, "This is the Way of Peace", "Overcome Evil With Good", "Overcome Falsehood With Truth", and "Overcome Hatred With Love," seemed especially appropriate and symbolic of the essence of that intention.

The day began with a "Peace Service" at the church lead by Rev. Sherron Hughes-Tremper. Prayers, songs and words of peace were shared. Friends of Peace Pilgrim board member, Bruce Nichols, offered some background on the Peace Pilgrim Pole project and his excitement about dedicating the first of the fifty state poles in Oklahoma within sight of the office where our books are packaged and shipped to friends around the world.

After the service church members and other friends gathered around the pole on the lawn in front of the building. In addition to the sanctuary, the Epworth complex also includes the original building that housed the forerunner of Oklahoma City University. That large three story structure houses many of the outreach programs sponsored by the church including a free medical clinic, and free legal services for the less advantaged of Oklahoma City. Friends of Peace Pilgrim has also found a home for our work in a spacious corner room on the second floor.

As we gathered outside we were surprised to find that two of the local television stations had set up cameras to tape the event for the evening news. One of Peace Pilgrim's original tunics was on display for the ceremony. Talitha Glosemeyer, chairperson of the Epworth Methodist board of trustees, offered some opening remarks about the history of Epworth's involvement with Friends of Peace Pilgrim and the circumstances that lead to our being offered space in the building. FoPP board member, Bruce Nichols, then spoke about the pole project and the significance of Oklahoma City to Peace Pilgrim and our work.

The pole was then uncovered by its builder, Dennis Watson, a veteran himself, who spoke about the history of Peace Poles and likened them to



Peace Pilgrim Pole Dedication in Oklahoma

"acupuncture for the earth."

After the dedication, those gathered were offered daffodil bulbs to plant around the base of the pole. The finishing touches were added by the Mayflower Congregational Church youth group who had prepared the site and set up the pole prior to the event.



More about Peace Pilgrim Poles

In our summer newsletter of 2006 we announced the Peace Pilgrim Pole project. Inspired by a long-time Friend of Peace Pilgrim from Auburn, California, our aim is to place a pole bearing Peace Pilgrim's message in every state capital. We now have quote plaques available as well as an informational plaque that includes a photograph of Peace Pilgrim and some background information for those who might be encountering her words for the first time. The first state capital pole was dedicated in Oklahoma City in November. Friends in Sacramento, California are organizing a pole for that state. We expect it to be placed sometime in early 2008.

We are looking for friends to organize Peace Pilgrim Pole locations in other capitals. State poles can be placed on public or private property but should be in a location that has public access such as a park, college campus, church, etc. Friends of Peace Pilgrim will supply *one* set of plaques for each state capital. Poles will need to be supplied locally. Proposals for placement of a pole in your state capital can be sent to Bruce Nichols at our Shelton, Connecticut location. You can also call or email with your questions.

We have had a number of inquiries from friends interested in placing Peace Pilgrim Poles on their own property or in locations other than state capitals. Friends of Peace Pilgrim is not offering plaques outside the state capitals project. For those who might want to have a Peace Pilgrim Pole for their home or other local venue, plaques or finished poles can be purchased from:

The Peace Pole Makers
7221 S. Wheeler Rd.
Maple City, MI 49664
Phone: 231.334.4567

Peace Pilgrim Peace Pole Unveiling at Peaceful Pathways

by Cheryl Canfield



Cheryl Canfield and Film Producer Mark Skelton unveil the pole at Peaceful Pathways

On September 23, Peaceful Pathways celebrated the autumn equinox with an unveiling of the first Peace Pilgrim Peace Pole. Peace's simple message is written on the four sides: *This is the way of peace: overcome evil with good; overcome falsehood with truth; overcome hatred with love.* The beautifully inscribed pole has been placed adjacent to the labyrinth and some raised vegetable beds in our peace garden.

On my journeys with Peace, I delighted in her joy and appreciation of nature's beauties – all of the plants and trees and flowers. And how she loved wholesome, organic food. Thanks to many friends and guests, we enjoyed an abundant blessing of nature's harvest, along with the "planting" of the new pole. Guests also had the opportunity to walk our new "peace trail," with signs containing Peace's Steps Toward Inner Peace tucked beneath the branches of trees or next to a bench along the way.

Those in attendance were also able to share in the exciting plans of another kind of harvest – the gathering of Peace's wisdom and work into a film dramatization of her life. Just two weeks before the event I received a phone call from a man with a wonderful English accent, Mark Skelton, telling me about his inspiration to produce such a film, and his meeting with a longtime Friend of Peace Pilgrim, Richard Roller. Richard has been dedicated to writing a screenplay inspired by Peace for many years now. When Mark and Richard connected, the momentum around the idea took off.

Mark graciously accepted my invitation to attend the event and agreed to officiate at the "unveiling" of the peace pole. He captivated all with his enthusiasm and the inspiring story of how many synchronicities led him to

embrace the film project with a sense of knowing that it was meant for him to do. ("Isn't it ironic," Mark told me later, "that someone from London would produce the film about this American saint!") He found Bruce Nichols through the Peace Pilgrim website, and Bruce connected him with Richard. An incredible team has come together around them.

It has been very inspiring to hear from both Mark and Richard, that their personal motivation is to tell the message in its highest and most effective form – true to Peace Pilgrim's spirit. Peace once told me that many producers and directors had approached her about making a film of her life – but none had the proper motivation. "The motivation must be the telling of the message," she had said emphatically, "not the making of money."

Positive Pictures Group (PPG), evolved out of this project, is being formed to make movies that have a far-reaching social impact. Peace Pilgrim will be the first feature film in this series. Like-minded individuals are being invited "to participate in the movie-making process from a grassroots level" by making small pledges and becoming co-creators. More information can be obtained from Mark Skelton, at 310-721-1209 or mark@positivepicturesgroup.com.



New Peace Pilgrim Pole at Peaceful Pathways

"Peace is an idea whose time has come."

Peace Pilgrim

Canadian Peace Walker Jean Béliveau

By Luce

With all the recent talk of “Evil Empires” we found this report on Jean’s experiences in Iran most interesting.

On August 18th, 2000, at 9:00 am, Jean Béliveau departed Montreal, Canada. His goal is to walk around the planet to promote “Peace and non-violence to the profit of the children of the world”. He is traveling alone with a three-wheeled stroller to carry a bit of food, his clothing, a First Aid kit, a small tent and a sleeping bag. Now in the 8th year of his walk, Jean recently crossed Iran on foot. A short report with some of his comments follows. For more information about the walk and photos visit www.wwwalk.org. Jean is currently walking across India.

On August 1st Jean emails from Astara: “That’s it! I am in Iran! It is the country where the border formalities have been the shortest. On the other side, you can just imagine the scenery: streets full of people and vehicles, signs displaying the Persian alphabet, the bazaars and traveling merchants filled to the brim with merchandizes of all kind, veiled women etc.”

The weather is hot... around 40°C. After having walked along the Caspian Sea coast, Jean climbs to the cooler continental shelf that will bring him to Isfahan. He soon realizes that there are absolutely no security problems in this country and that the Iranians are really nice and welcoming. He writes: “Under a rather somber appearance, they are a most colorful people!”

During his stay in Tehran, the Canadian embassy, supportive of Jean’s interest in creating peace for the children of the world, helps him to organize a few meetings with people working at UNESCO. At the Hamyaram Iran NGO Resource Centre, Mr. Baquer Namazi shares a much dreamed about project – creating a children’s “Zone of Peace.”

Jean is devastated when Mr. Namazi informs him of the 600,000 refugee children displaced by the conflicts in the Middle East, primarily in Iraq and Afghanistan. Afterward he meets with people of UN High Commission for Refugees where he learns about the efforts made for the repatriation and reintegration of these thousands of refugee families.

An Iranian family who have relatives living in Montreal invite him for dinner and a tour of the capital city.

On August 28th, Jean gets back on the road, walking towards cities with names evocative of the ancient Persian civilization: Isfahan, Persepolis, Shiraz. He lingers in Abadeh for a few days to consult a dentist as he has a sore tooth. He emails me: “Iranians are so nice that I cannot help loving them! They are really cool and have a way of thinking that is very similar to ours. Their political and social leadership is different but their hearts are the same as ours.”

On September 25th, he visits the archaeological site of Pasargad where he can contemplate the monument that is said to be the tomb of Cyrus the Great and following this visit, he writes: “When I left the site, I felt a great happiness! How privileged am I to have traveled so far

in Human History! From the American Empire, I went to the Totonagues, the Aztecs, the Mayas, and the Incas. Then in Africa, I saw the prehistoric Rift Valley, Abyssinia, Egypt of the Pharaohs and of the Romans. In Europe, it was the history of the Greeks and the Romans, that of Christianity, then the creators of overseas empires, Portugal, Spain, France, England followed by Germany and its history. Then, I went south to the Ottoman Empire and now I am deep in historic Persia! Imagine now what awaits me yet in the exotic East!”

In Shiraz after obtaining a second extension on his Iranian visa, Jean realizes that visiting time is over and that he must now hasten to leave the country in time. However, he does not leave the city, which is claimed to be the most beautiful city of Iran, before meeting with a group of students from the Shiraz University of Technology who are amazed with the “wwwalk” and assail him with all kind of questions.

In Fasa Jean is welcomed by a group of friends who lavish him with constant attention. He reaches Darab on October 13th and I do not have a word from him for a whole week. Looking at the maps of the region where he is walking, we can see that the cities are fewer and smaller. Internet access is almost nonexistent. Finally an email arrives from Bandar Abbas on October 26th. On the evening of the 29th, he phones me from the Office of Tourism of the province of Hormozgan.

“The famous hospitality that we allot to the Iranian people is not overrated! They are one of the most welcoming and warm-hearted people I have met so far. The people from this Office of Tourism are fantastic with me. They gave me the ticket for the ferry that will bring me to Dubai tomorrow and this evening, I was invited to a party in honor of my wwwalk in their country. Walking in Iran was most pleasant!”

“No one walks so safely as one who walks humbly and harmlessly with great love and great faith. For such a person gets through to the good in others (and there is good in everyone), and therefore cannot be harmed. This works between individuals, it works between groups and it would work between nations if nations had the courage to try it.” Peace Pilgrim

Peace Pilgrims

by Olga Bonfiglio

This article appeared on the Common Dreams website on July 12, 2007 and is used with the author’s permission.

It was truly inspiring to hear that Ashley Casale, 19, and Michael Israel, 18, decided to walk 3,000 miles across the country for peace. They began their journey on May 21, 2007 in San Francisco and plan to end up in Washington, D.C. on September 11. Such a commitment to the cause of peace is unusual and admirable!

The two teenagers have been discouraged, however, by the negative reception they have received by some people and by the lack of participation by those who support the peace movement.

Actually, their reaction seems to be universal for peace activists across the country who put much time and energy into standing for peace only to be ignored by the

media and dismissed by the now-miniscule number of Bush-supporters. What is even more baffling is that they are thanked and congratulated by the 70 percent of those who want the United States to end the war in Iraq - but who do nothing about it.

Perhaps we need to look at our peace activism in a different way.

On January 1, 1953, a 44-year-old woman began a journey that would amount to her walking 25,000 miles over the next 28 years of her life.

Her first walk began in Pasadena, California, at the head of the Rose Bowl Parade so that she would be seen. She then set out to deliver two petitions to President Eisenhower: one to end the Korean War and one to establish a Department of Peace. The third petition she delivered to the United Nations: a request to disarm the world and redirect the funds for arms to funds for human need. She went by the name of Peace Pilgrim.

Peace Pilgrim was distressed over the world at that time so she prayed and contemplated what she could do about it. The nuclear age had begun, the Korean War was on, and Senator Joe McCarthy was out hunting communists.

The five-foot-two woman wore a blue tunic, the color of peace, with white letters that read "Peace Pilgrim." She carried no money, made no plans, and sometimes slept in haystacks, drain pipes, or barns. Sometimes she didn't eat.

Peace Pilgrim didn't approach other people but instead waited until people approached her. They often invited her to their house. She would talk with them about her life story of transformation and commitment to peace. This would inevitably prompt questions for them such as:

- Wouldn't it be better to uplift each other rather than destroy each other?
- How am I going to live a meaningful life?
- What choices have I made in my life already?
- What do I need to change in my life to make a difference?

Peace Pilgrim was invited to give presentations in churches, schools and in homes; she spoke on radio and television. She corresponded with thousands of followers and answered every letter (through her sister in New Jersey) and published a newsletter, *Peace Pilgrim's Progress*.

In 1972 Peace Pilgrim came to Kalamazoo to speak at Western Michigan University. Amy Anderson attended the lecture as part of a philosophy class she was taking there.

"I was so inspired and overwhelmed by her," said Amy, "that I asked the woman next to me, my classmate, if we shouldn't invite Peace Pilgrim to lunch." She agreed and the three women met at the Anderson home for a lunch of scrambled eggs and green grapes. Throughout the afternoon they talked about Peace Pilgrim's adventures as a walker, how she got started walking and ways she spread peace from one person to another.

At the conclusion of their visit, Amy offered Peace Pilgrim a bunch of grapes to carry with her, but she refused saying that she didn't carry food with her. Amy then offered Peace Pilgrim a ride to her next location, about 40 minutes away, partially by freeway. Peace Pilgrim usually avoided walking on freeways so she accepted Amy's offer, but only as far as the exit.

"She got out of the car, thanked me and walked on her way. I never saw her again," said Amy with a sigh. "But Peace Pilgrim affected my life a great deal. She was a blessing to me. I thought that if she could affect others like she affected me, then her life was a blessing to the United States and the world."

Amy showed me her paperback book on Peace Pilgrim and handled it reverently. She pointed to the back cover that quoted Peace Pilgrim's mantra: "I shall remain a wanderer until mankind has learned the way of peace, walking until given shelter and fasting until given food."

"Actually, Peace Pilgrim's philosophy was rather simple," said Amy as she opened the book and read from the inside cover page: "This is the way of peace: overcome evil with good, and falsehood with truth, and hatred with love."

Amy closed the book, heaved a sigh and shut her eyes momentarily. "That's what affected my life: that woman and this statement. But I'm just an ordinary person who did what I could to make a difference."

Ordinary indeed. As a wife and mother in the 1950s and 60s Amy did all the usual things: school, PTA, church, hospital. She assisted the youth minister at her church for 11 years and recently helped set up the walk-in health clinic there. But Peace Pilgrim took Amy to a new level where she could be "more brave" and less afraid of what other people thought about her activism. "Peace Pilgrim put a little starch in my spine," said Amy.

Amy's foray into the peace movement began with the Nuclear Freeze movement of the 1980s. She served as secretary of the local group for nine years and collected documents on everything this group ever did. She inadvertently became the Kalamazoo peace movement's archivist. During the 1990s she worked the cameras for social justice programs at the local cable TV station. Today, at 77, Amy still attends peace activities and sometimes stands on the corner at the peace group's Sunday vigil.

Maybe, like Amy, we need to be more ordinary. Maybe like Peace Pilgrim, we need to be more confident in our vision. Maybe, like Ashley and Michael, we need to be more willing to do something for peace in public.

*Olga Bonfiglio is a professor at Kalamazoo College in Kalamazoo, Michigan, and author of *Heroes of a Different Stripe: How One Town Responded to the War in Iraq*. She has written for several national magazines on the subjects of social justice and religion. Her website is OlgaBonfiglio.com. Contact her by email at olgabonfiglio@yahoo.com.*

Ashley Casale finished her cross-country peace walk on Sept. 10, 2007. For more information visit marchforpeace.info.

THE SYMPTOMS OF INNER PEACE

by Saskia Davis, © 1984. All rights reserved.

Twenty years ago, in the fall of 1987, our first newsletter offered these "Symptoms of Inner Peace" garnered from an unidentified author. When Saskia Davis contacted us a few months ago, we were delighted to learn about the source of that early article. We find it as insightful and refreshing today as we did in 1987 and can now offer it to you again with an update and some background by the author.

Be on the lookout for symptoms of inner peace. The hearts of a great many have already been exposed to inner peace and it is possible that people everywhere could come down with it in epidemic proportions. This could pose a serious threat to what has, up to now, been a fairly stable condition of conflict in the world.

Some signs and symptoms of inner peace:

- * **A tendency to think and act spontaneously rather than on fears based on past experiences.**
- * **An unmistakable ability to enjoy each moment.**
- * **A loss of interest in judging other people.**
- * **A loss of interest in judging self.**
- * **A loss of interest in interpreting the actions of others.**
- * **A loss of interest in conflict.**
- * **A loss of the ability to worry. (This is a very serious symptom.)**
- * **Frequent, overwhelming episodes of appreciation.**
- * **Contented feelings of connectedness with others and nature.**
- * **Frequent attacks of smiling.**
- * **An increasing tendency to let things happen rather than make them happen.**
- * **An increased susceptibility to the love extended by others as well as the uncontrollable urge to extend it.**

WARNING:

If you have some or all of the above symptoms, please be advised that your condition of inner peace may be so far advanced as to not be curable. If you are exposed to anyone exhibiting any of these symptoms, remain exposed only at your own risk.

INNER PEACE UPDATE: October 2007

The epidemic predicted in 1984 in *THE SYMPTOMS OF INNER PEACE*, continues to spread exponentially! It has crossed international borders and can be found thriving on every continent. When the desire for peace strikes human hearts, its victims find themselves craving more and more. And, as its infectious stage seems to be indefinite, it is increasingly being spread quietly from heart to heart, continuing to threaten the international status quo of conflict.

HISTORY

I wrote *THE SYMPTOMS OF INNER PEACE* in 1984, when I was the executive director of the Northwest Center For Attitudinal Healing. Our center was founded on principles of Inner Peace as described in the book *Love is Letting Go of Fear* by Dr. Gerald Jampolski, and modeled after the Center For Attitudinal Healing which he had founded in Tiburon, California.

As a result of a promise to myself, made many years earlier, to "follow my passion," I found myself in the role of executive director. The promise predated but was similar to the admonition by social anthropologist Joseph Campbell, to "follow your bliss." "Following my passion" meant listening carefully for an inner spark of excitement, then deliberately honoring whatever it pertained to, and allowing myself to be surprised by where it would lead. This process had taken me on a journey which had prepared me quite uniquely and exactly for my role at the Center.

In 1984, as a nurse, and representing the Center, I attended a conference that focused on Inner Peace from a healthcare point of view. I found it incredibly exciting to be in the company of Inner Peace-minded healthcare professionals; and I came away from that event with the hopes expressed in *THE SYMPTOMS OF INNER PEACE*.

Upon publication, it became immediately apparent that "*SYMPTOMS*" would go far and I soon was being approached by others wanting permission to republish it. As time went on, I received fewer and fewer requests, but occasionally heard of "sightings" from the far corners of the earth. As the years went by, I seldom thought about it anymore. So, when I decided to Google the title a few months ago, it was quite a thrill to find it posted on hundreds, possibly thousands of websites.

Since that time, it has been a truly enriching and heartwarming experience to visit the range of websites and to be in correspondence with many of their owners. That the desire for Inner Peace has infected so many has re-ignited my initial optimism for transformation of the world through transformation of the hearts of individuals. I have begun to perceive us all as a spontaneous, grassroots movement for Inner Peace.

"Spiritual blessings do not come until we desire them and relinquish desire for material things. As long as we desire material things, this is all we receive, and we remain spiritually impoverished."

Peace Pilgrim

Offerings from Friends of Peace Pilgrim

Dear Friends of Peace Pilgrim: Here are publications we offer freely to all who ask. Many of our friends inquire about sending a donation. These are always welcome but are not necessary to receive our offerings. Friends of Peace Pilgrim is an all-volunteer 501(c)(3) non-profit organization. Donations and bequests are tax-deductible. All money goes directly to our work, helping us to continue producing and distributing materials to all who ask.

PUBLICATIONS

PEACE PILGRIM: Her Life and Work in Her Own Words (Standard Edition), 224 pages. Compiled by five of her friends after her transition in 1981.

PEACE PILGRIM (Compact Edition), 224 pages. This book is the same as the Standard Edition except smaller.

PEREGRINA DE PAZ: Su Vida Y Obra en Sus Propias Palabras 216 pages. (Spanish edition of *Peace Pilgrim*)

STEPS TOWARD INNER PEACE 32 pages. Peace Pilgrim relates her own steps toward inner peace and gives ideas for working for world peace.

(*Steps Toward Inner Peace* is also available in Spanish, Chinese, Arabic and Hebrew. Please call or write for information.)

PEACE PILGRIM'S WISDOM: A Very Simple Guide by Cheryl Canfield, 224 pages. Includes 365 quotes from Peace Pilgrim – one for every day – and a study guide by Cheryl offering suggestions to help integrate these simple spiritual truths into your life.

PEACE PILGRIM, An Extraordinary Life by Ann Rush, 16 pages. Peace Pilgrim's life is traced from her ordinary beginnings through a transformation to a life of unusual commitment.

AUDIO CASSETTES

CAMPBELL HOUSE, 1959 (90 minutes). A talk that is representative of her message. It also has a brief radio interview the day before she died.

SALT LAKE CITY, 1955 (60 minutes). Recorded two years after her pilgrimage began. A gentle talk to a small group in a friend's home. Sue Millard, sings a song composed by Peace Pilgrim.

DALLAS CHURCHES, 1979 (60 minutes). Two talks representative of her vigor, joy, and audience rapport. It also has a song composed by Peace Pilgrim, sung by Don Wittig, and Peace Pilgrim's energizing song, "The Fountain of Love."

PEACE PILGRIM'S SPIRITUAL GROWTH

(67 minutes). The sound track of the first hour of the "Speaking to a College Class" video. At the end of Side B, Peace Pilgrim relates one of her prison experiences.

STEPS TOWARD INNER PEACE Our little booklet is now available as a separate audiotape! Narrated by Ann Rush.

VIDEO CASSETTES

PEACE PILGRIM: An American Sage Who Walked Her Talk (approximately one hour). A professional quality documentary film, about Peace Pilgrim's life. Includes much new historical footage and interviews.

THE SPIRIT OF PEACE (71 minute documentary). Interviews of those who knew Peace Pilgrim and those who were inspired by her message.

INTERVIEWS OF PEACE PILGRIM (62 minutes). Includes a short TV program from *PM Magazine*, an interview for WIFR-TV in Rockford, Illinois, and a 30-minute interview at Pensacola Junior College.

ANSWERING QUESTIONS (55 minutes). Peace Pilgrim in an interesting question and answer session with students in Applied Psychology at the University of Georgia, 1977.

SPEAKING TO A COLLEGE CLASS (2 hours). Peace Pilgrim speaking at California State University in Los Angeles. A good tape for those who want a more in-depth study of Peace Pilgrim's message.

SPECIAL 30-MINUTE VIDEO Highlights of other videos selected for showing to new audiences. Peace Pilgrim tells a few of her most interesting experiences.

OUR NEWSLETTER – To be added or removed from our newsletter mailing list, please contact us at the address below. All of our past newsletters as well as the *Peace Pilgrim's Progress* newsletters sent by Peace Pilgrim during the years of her pilgrimage, and the Spanish language *Enlace Internacional* (also in English) are available on our website. You can access them at:

<http://www.peacepilgrim.org/news/index.htm>

Send Requests to:

**Friends of Peace Pilgrim, PO Box 2207, Shelton, CT 06484
or call (203) 926-1581 or email: friends@peacepilgrim.org**

Pilgrim Urges an Inner Peace

from the Springfield, VT *Times* – July 13, 1972

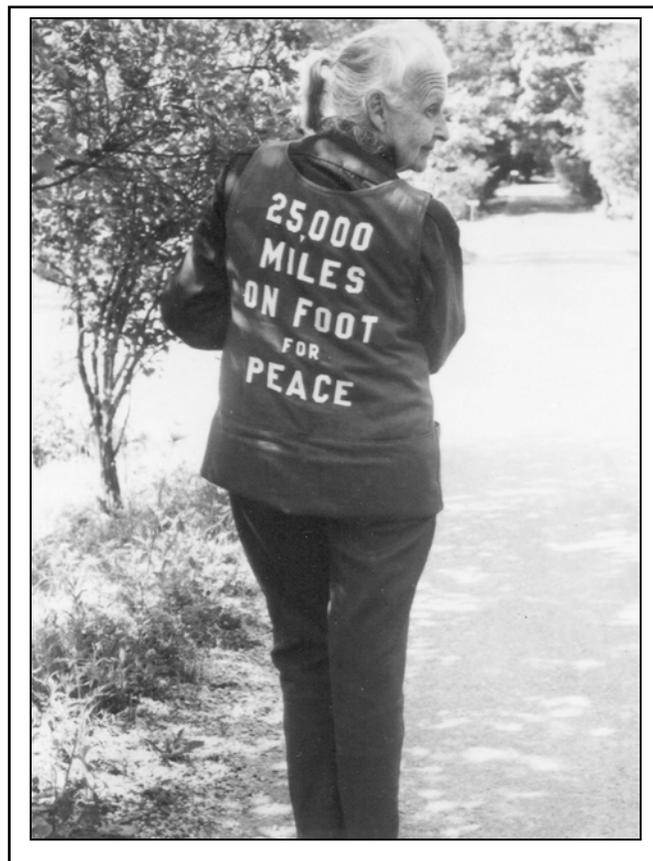
Speaking at the Springfield library, the Peace Pilgrim said that the peoples of the world must move toward finding an inner peace within themselves that would pave the way toward peace in the world.

Urging people to be as concerned for their inner well being as they are for their materialistic desires, the Peace Pilgrim follows her own advice.

Living a simple life in which she carries all her worldly possessions in the pockets of her tunic, the Peace Pilgrim noted that people dedicated to peace are no longer in the minority.

Challenging people to fill their hearts with love, casting out hate and petty selfishness, the Peace Pilgrim said that rewards for these actions will be long lasting values that are the essence of life.

She visited Springfield four years ago during another election year and at that time had walked some 25,000 miles. She has lost count now, she said.



“When we attempt to isolate another we only isolate ourselves. We are all God's children and there are no favorites. God is revealed to all who seek; God speaks to all who will listen. Be still and know God.”

Peace Pilgrim: Her Life and Works in Her Own Words - Page 85

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