



# Wholeness in Living

## Peaceful Journey

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“Blessed are they who instead of trying to batter down the gates of the kingdom of heaven approach them humbly and lovingly and purified, for they shall pass right through.”

*Peace Pilgrim*

## Wholeness in Living: Kindling the Inner Light

### Embracing Wholeness



“Imagination allows us to explore our inner being and in the depths of ourselves we can share our stories of joy and pain with everyone in the world. Each of us is unique in our experiences and can enrich each other’s lives as we develop the ability to relate with respect for personality. In the spiritual realm we are all equal while each of us is distinct from all others in the focus of our expression of that unity in which we all are one.”

### Thoughts for Contemplation

- \* What are the gifts of the heart I give to others each moment?
- \* In what ways does my personal fullness manifest in my relationships with others?

[www.WholesnessInLiving.com](http://www.WholesnessInLiving.com)



## Welcome

A warm welcome to our newest friends in the [Wholeness in Living](#) circle in South Africa, India, Qatar, Thailand, Aruba, Oman, United States of America, Malaysia, Barbados, Nigeria, Trinidad and Tobago, and the Philippines.

## Partners for Peace

### National Peace Academy in Action

Our friends at the [National Peace Academy](#) announce their Holistic Approach to the development of the peace-builder: Five Interrelated Spheres of Peace.

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## Partners for Peace (from page 1)

The Academy believes the inner and personal work and learning is as important as the outer and professional. This approach is shaped by the definition contained in the Earth Charter of Peace, "wholeness created by right relationships with oneself, other persons, other cultures, other life, Earth, and the larger whole of which all are a part."

To explore more about these five spheres of peace as their foundation, please visit the [courses](#) offered by the National Peace Academy!




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## News from Friends of Peace Pilgrim

### Audio Offerings of "Steps"

Mai Nguyen just finished a voice recording of *Steps toward Inner Peace* in Vietnamese. She read aloud the spiritual classic in dedicated 48 mini-sessions! Her work adds to the voice recording of *Steps* in Spanish by Mayte Picco-Kline, in Romanian by Roxana Bobulescu and a reading of the first 14 pages of the original *Steps* in English. Download any of these versions [here](#).

Bruce Nichols, webmaster of the [Friends of Peace Pilgrim](#), is letting us know that we have the potential to post on our website all the mp3 files of *Steps toward Inner Peace* in all the languages of the world. May you be inspired to read aloud *Steps* in your own language and create for us an mp3 file to add to those mentioned above, please contact [Mayte Picco-Kline](#). Versions [already posted](#) to be read aloud by our volunteers include: Arabic, Bulgarian, Chinese, Croatian, Czech, Danish, Dutch, Finnish, French, German, Gujarati, Hebrew, Hindi, Italian, Japanese, Kannada, Korean, Nepali, Norwegian, Portuguese, Russian, Swedish, Tamil, Turkish and Ukrainian.

### Book in Russian

Thanks to the enthusiastic activity of Bob Kline, the Russian version of *Peace Pilgrim: Her Life and Work in her own Words* has been completely scanned and Bruce Nichols has made it available [on our website](#).

### Les Amis de Pèlerin de Paix

Our friends invite you to ask for copies of the Peace Pilgrim book and *Steps toward Inner Peace* in French and Romanian. Roxana Bobulescu, thanks to whom we have the Romanian versions available, says, "We share our great joy to know, feel and benefit from Peace Pilgrim's uplifting message with all our contacts,

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## News from Friends of Peace Pilgrim (from page 2)

readers and friends in Europe and abroad. Our activity from France spreads to Québec (Canada) and Romania (Eastern Europe)."

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## Messages from our Friends around the World

"Humility is the road toward inner peace in the heart of the human being."

*Zeferino Cisneros, México*

\* \* \*



Point Reyes National Park, United States  
photo by: Mayte Picco-Kline

"Compassion is another form of love."

*Anthea Mitchell, England*

\* \* \*

"I understand you are truly my brother and my sister, even though you have been born in a different place and believe in different ideals."

*Hopi Key for Peace and Harmony  
shared by Néstor Hugo Almagro, Argentina*

\* \* \*

"What keeps life fascinating is the constant creativity of the soul."

*Deepak Chopra  
shared by Patti Hudson, United States*

## Seeds of Peace Celebrates 20 Years!

20 years ago in the spring, [Seeds of Peace](#) (young people interested in peace) went from being an idea to becoming a reality when John Wallach launched this organization and began preparations to bring together 45 extraordinary young people from the Middle East {Arabs and Israelis} at Camp Powhatan to meet and learn from each other.



Leslie A. Lewin, Executive Director, is very happy to report that their efforts have borne fruit and their older graduates developed into influential leaders in their fields of work advising policymakers, starting companies and nonprofits, leading schools and shaping news media. He says, "Their Seeds of Peace experience has uniquely impacted them: they know how to talk to each other, they know the issues, and they are positioned to create real change. Today, Seeds of Peace is a global leadership development program working in nine countries year-round."

"Our mission has been focused on working with young leaders, but today, hundreds of educators from regions of conflict have also graduated from Camp. Aside from parents, nobody has more of an impact on the minds of young people than their teachers. These influential educators—school teachers, principals, professors—accompany Seeds to Camp, participate in their own intensive dialogue program and network through professional coursework. When they return home, they have the ability to impact thousands of young people."

"Seeds of Peace was founded to work with Arabs and Israelis. Today, Seeds of Peace remains committed to the Middle East, but also runs programs in South Asia and in the United States."



### Artistic Expressions

"Each time you open yourself to love, you have opened a portal allowing that love to touch others."

*Sylvia Bogosh, United States*



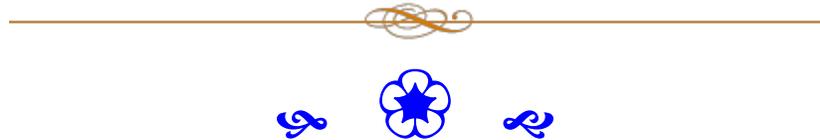
Cherry blossoms in Tokyo  
*photo by Eriko Katsuo, Japan*

## Philosophy Corner

"Each person actually contributes to the unity of both by the particularity of side interests from which an individual brings values to the other."



Marc Edmund Jones  
Founder of the Sabian Assembly  
[www.Sabian.org](http://www.Sabian.org)



Please send your comments about inner peace, contributions and artistic expressions to [Mayte Picco-Kline](#). [Peaceful Journey](#) is published quarterly. If this is the first time you've received it and wish to be a part of our circle of friends, please [click here](#).

I also invite you to explore [Words of Inspiration](#) and [Mayte's Musing](#).

In the Light of Peace,

Handwritten signature of Mayte Picco-Kline.

*Mayte Picco-Kline*