



# Wholeness in Living

## Peaceful Journey

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"Blessed are they who see the change we call death as a liberation from the limitations of this earth-life, for they shall rejoice with their loved ones who make the glorious transition."

Peace Pilgrim

## Wholeness in Living: Kindling the Inner Light

### Striving toward Ideals



*"The greatest achievement was at first and for a time a dream. The oak sleeps in the acorn; the bird waits in the egg; and in the highest vision of the soul, a waking angel stirs."*

James Allen

Deeply believed ideals become constant sources of inspiration in living and a foundation for action. They have the power to create energy to direct our efforts to attain ever-higher goals.

### Affirmations for Contemplation

- \* I perfect myself within the frame of my highest ideals.
- \* When the season is right my desires come into manifestation.

[www.WholesnessInLiving.com](http://www.WholesnessInLiving.com)



## Welcome



A warm welcome to our newest friends in the **Wholeness in Living** circle in India, United States, Brazil, Greece, South Africa, Australia, the Philippines, Nigeria, Barbados, Malawi, France, United Arab Emirates, Kenya, Mauritius, Malaysia and Suriname.



## International Day of Peace 2012

We invite you to join a day of celebration in the world -- each year the **International Day of Peace** is observed around the planet on September 21. [The United Nations](#) has declared this as a day devoted to strengthening the ideals of peace, both within and among all nations and peoples.

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## International Day of Peace 2012 (from page 1)

Celebrations this year will include the observation of a [Global Peace Wave](#) with a minute of silence at noon in every time zone across the world. Special activities will take place over the weekend, including festivals, concerts and much more. The Peace Day provides an opportunity for individuals, organizations and nations to create practical acts of peace on a shared date.

Participation on these events can be as simple as lighting a candle at noon and joining in a minute of silence, or just sitting in silent meditation. It may also include involvement in local, state or national activities, such as interfaith peace ceremonies, peace choirs, prayers and art exhibitions promoting this ideal.

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### News from Friends of Peace Pilgrim

#### International City of Peace

Egg Harbor City, the birthplace of Peace Pilgrim, was acknowledged by the United Nations in July as an [International City of Peace](#).



According to Barbara Reynolds, [Friends of Peace Pilgrim](#) board member, who was instrumental in educating local residents about the Egg Harbor City woman who walked the nation's highways and byways from 1953 to 1981 in the name of peace, "Egg Harbor City has really been a city of peace for more than 10 years, since it recognized Peace Pilgrim and her simple but profound message, commissioned a statue of her, dedicated a park in her name, and made peace a part of the curriculum for students in the public schools. We also have hosted a [three-day celebration of peace](#) for each of the last four years."

Barbara explained that the United Nations defines a culture of peace as one that uses dialogue to solve conflicts and promotes equality, understanding and solidarity for its people.

#### Peace Pilgrim Documentary in Spanish outreach

Mary Newswanger, our dear friend in Costa Rica let us know about something that she considers quite magical and wonderful that just happened, "Lorena Wong, from Guatemala, who worked with the Dalai Lama and Lama Thubten Wangchen in Barcelona, personally gave a copy of the documentary "An American Sage Who Walked Her Talk" in Spanish to the Dalai Lama, Rigoberta Menchu, Nobel Peace Prize in 1992, and to Letizia Ortiz, Princess of Asturias. She knew and worked with all three people! She also sent it out to her entire list of the Tibetan community in Spain."

This documentary can be seen [here](#) in English or Spanish.

## Messages from our Friends around the World

"May the small peace that is in all of us, bring peace through us all."

*Brian Donley, United States*

\* \* \*

"The love I feel is absolutely for all that IS."

*Hopi Key for Peace and Harmony  
shared by Néstor Hugo Almagro, Argentina*

\* \* \*

"Remember, keep it simple and always travel light. Give yourself and others freedom, to spread their wings in flight -- for it is only through our heart strings, we create a rhythmical glow that twinkles in our eyes brightly, as we dance to our own music -- as we soar -- as we grow."

*Carole Thompson, United States*

\* \* \*



*Courtesy of Carole Thompson*

"With every decision comes new possibilities for growth."

*Anthea Mitchell, United Kingdom*



## Partners for Peace



With great sadness but also filled with joy for his life, Bert Gunn from the United States announced the passing of [Tlakaelel](#), a Toltec elder who lived near Teotihuacan, México, on July 26. He was a defender of Indigenous rights and teachings of their cultures all over the globe, and a gentle teacher. His major role was as a driving force (one who gives the impulse to start many things).

In Bert's words, "I must tell you that a few minutes ago Tlakaelel passed to the other side with great joy and satisfaction with his life on Earth. He asked us to continue his work and continue his message of unity and Peace that he has been bringing to the

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## Partners for Peace (from page 3)

world. He is (in his words) transforming, integrating with the All, with the universe, with the cosmos.

"He leaves 'flowers and songs' -- all the works he has done -- projects, buildings and all the people he has touched. All of us. Tlakaelel lived his life to the very end, greeting all those who came to say goodbye, giving them messages of thanks and encouragement to continue on the path, and teaching the history and the glory of the ancestral culture.

"As Tlakaelel reminded us many times, we are in this world for a short time, so we need to take advantage of the time we have here to find and follow our mission and also to "taste the honey on the spoon" -- to enjoy those precious moments in life that fill us up and heal all the little wounds that we carry around inside."



## Artistic Expressions

### My Garden

I have a garden full of birds  
Singing songs of love and hurt  
While they're having their free meal,  
Caressed by the wind and blessed by the rain,  
Reminding us all of the sun.



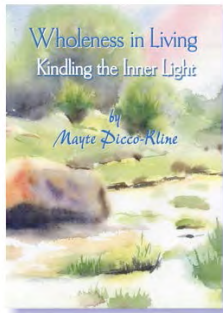
Okinawa, Japan  
Photo by Eriko Katsuo, Japan

I have a garden full of flow'rs  
Facing light in faithful hours  
While they're wafting their free scent,  
Caressed by the wind and blessed by the rain,  
Reminding us all of the sun.

And in my garden is a tree:  
It's there for you and for me  
While we're having our free dreams,  
Caressed by the wind and blessed by the rain,  
Reminding us all of the sun.

(words & music: © Maria Talis, born in Holland)  
Site: [www.angelaprodeo.org/en\\_maria\\_talis.html](http://www.angelaprodeo.org/en_maria_talis.html)  
email: [maria.talis\(a\)angelaprodeo.org](mailto:maria.talis(a)angelaprodeo.org)

## Wholeness in Living - E-Book



With great joy and enthusiasm we share the news that Mayte's ebook, [\*Wholeness in Living: Kindling the Inner Light\*](#) was honored as a Finalist in the recent [Global eBook Awards](#) Competition.



Please share the news with your friends and family, spreading the word as you feel inspired to do so!



## Philosophy Corner

"Everything exists in a unity, and a definite intuition of unity is a touch with the real or best in everything."

Marc Edmund Jones  
Founder of the Sabian Assembly  
[www.Sabian.org](http://www.Sabian.org)



Please send your comments about inner peace, contributions and artistic expressions to [Mayte Picco-Kline](#). [Peaceful Journey](#) is published quarterly. If this is the first time you've received it and wish to be a part of our circle of friends, please [click here](#).

I also invite you to explore [Words of Inspiration](#) and [Mayte's Musing](#).

In the Light of Peace,

*Mayte Picco-Kline*