



# Wholeness in Living

## Peaceful Journey

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"Blessed are they who have seen reality, for they know that not the garment of clay but that which activates the garment of clay is real and indestructible."

Peace Pilgrim

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## Wholeness in Living: Kindling the Inner Light

### The Joy of Service



"A golden stepping stone to an experience of wholeness comes from a willingness to share the best of ourselves with all. We dedicate our lives to give when we know we can live for more than just ourselves, in service for the common good. It is in giving that we receive. The joy is in giving. This process brings abundant rewards to

those who reciprocally and with the whole of themselves give as they receive and receive as they give."

### Affirmation for Contemplation

- \* I am responsible for our common well-being.

[www.WholesnessInLiving.com](http://www.WholesnessInLiving.com)

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## Welcome



A warm welcome to our newest friends in the **Wholeness in Living** circle in Ireland, India, Australia, Netherlands, Iceland, Turkey, Zimbabwe, United Kingdom, South Africa, Trinidad and Tobago, Sri Lanka, United States, Uganda, Namibia, Croatia, Pakistan, Canada, Georgia, Mexico and Spain.

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## Peaceful Journey Endorses the Earth Charter



"We, the undersigned, endorse the [Earth Charter](#). We embrace the spirit and aims of the document. We pledge to join the global partnership for a just, sustainable and peaceful world, and to work for the realization of the values and principles of the Earth Charter."

As part of our endorsement, we pledge to:

- Actively promote the Earth Charter and follow the Action Guidelines.

*Continues on page 2*

## Peaceful Journey Endorses the Earth Charter (from page 1)

- Contribute to the Earth Charter Initiative and to Earth Charter-inspired action projects in whatever way is most appropriate.
- Implement the Earth Charter in our professional work and personal life.

We invite you to join us!

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## News from Friends of Peace Pilgrim

Helene Young, Peace Pilgrim's sister and the person who received her correspondence and forwarded it to her all over the country during the 28 years of her journey, has also been closely involved with the current activities of Friends of Peace Pilgrim. She is now 97 years old and continues to participate with us from her home town, Egg Harbor City, New Jersey, U.S.A. where Peace Pilgrim and Helene were born.

Following are some of the meaningful events in Helene's activities for Peace:

- Since the late 1980s, Helene has received people at her home where she shares a special scrapbook about Peace's pilgrimage.
- She traveled to Costa Rica and joined us for the dedication of the Peace Pilgrim statue on the grounds of the University for Peace of the United Nations in 2000.
- Our friend has received several awards, representing Peace Pilgrim. Among them, the *Annual Peacemaker Award*, in the Atlantic County, New Jersey in 2008 and attended the Atlantic County *Women's Hall of Fame* ceremony in 2010.
- Helene hosted the annual meeting for the board of Friends of Peace Pilgrim at her home in Egg Harbor City in 2011.
- She participated in the planting of a Peace Pole at the home where Peace Pilgrim was born, in 2011.
- With great enthusiasm and energetic stride, she has lead the two-mile *Inter-generational Walk* during the annual Peace Pilgrim celebrations in Egg Harbor City from 2008 to 2012. After the walk, she has answered innumerable questions about the life and work of Peace Pilgrim.
- She has given various talks at the local High School and the Richard Stockton College of New Jersey in recent years.
- Helene has given many tours to visitors in Egg Harbor City, proudly sharing relevant places related with the life and work of Peace Pilgrim, including the Post Office where Helene and Peace used to correspond with each other and to exchange correspondence from those people who wrote to Peace during the 28 years of her pilgrimage.



Helene Young and son Dale  
Photo by: Mayte Picco-Kline

## Messages from our Friends around the World

"Architecture for the Soul - Faith and the ability to believe in ourselves, as well as others, gives us a foundation we can trust, and build on."

*Carole Thompson, United States*

\* \* \*

"Love alone leads the way to humility."

*Zeferino Cisneros, México*

\* \* \*

"Your prayer is strong, because it has the power to expand the critical mass of all humanity."

*Néstor Hugo Almagro, Argentina*

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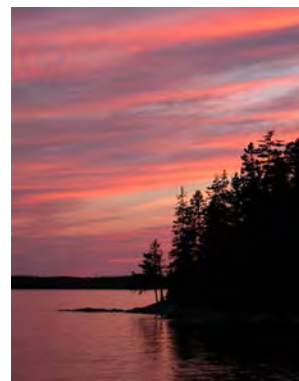
### *Steps for Peace*

"Let all our steps be steps for Peace  
With smiling hearts and bending knees.  
Join the caravan of Love."

*shared by Maria Talis, The Netherlands*

*(words: (c) Maria Talis, 2004)*

*Site: [www.angelaprodeo.org/en\\_maria\\_talis.html](http://www.angelaprodeo.org/en_maria_talis.html)*



Maine Sunset  
Photo by: Bruce Nichols



## Partners for Peace

"So powerful is the light of unity that it can illuminate the whole Earth."

*Bahá'u'lláh - Persian Theologian & Philosopher, b.1817*

*Published in the Chalice Well Newsletter, Glastonbury, England*

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We invite you to visit the *Friends of Peace Pilgrim's Newsletter #56*, now on their website - <http://www.peacepilgrim.org/newsissuu/56.htm> Bruce Nichols, Friends of Peace Pilgrim web Master, makes this inspiring newsletter possible through his continuous dedication to our Mission.

# The National Peace Academy

## Learning for Peacebuilders and Changemakers

"The [National Peace Academy](#) is a home for peace professionals and community organizers looking to hone their practice and for budding community leaders and changemakers who are seeking knowledge and skills to create safe, healthy and sustainable communities and nurture positive change in themselves, their family, neighborhood, workplace and the world.



Peacebuilding vocations, just like careers in science, business or technology, are built upon foundations of knowledge and skills that are pursued through lifelong learning. While numerous universities are now offerings degree programs in peace related fields, opportunities to gain skills and knowledge in peacebuilding remain relatively inaccessible and expensive. The NPA, through partnerships with expert and experienced peacebuilders, is working hard to make learning for peace and change accessible, available and affordable to all."



## Artistic Expressions

"Follow your star  
to the place  
inside your heart  
where love and hope  
shine strongest  
and where  
peace and beauty live.

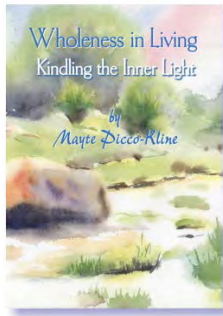
A wish for you  
And a wish for the world --  
Love, hope, peace  
and beauty."



Hiroshima, Japan  
Photo by: Bob Kline

*from "American Greetings"*  
*shared by Patti Hudson, United States*

## Wholeness in Living - E-Book



With great joy and enthusiasm we share the news that Mayte's ebook, [\*Wholeness in Living: Kindling the Inner Light\*](#) is available, in addition to Amazon.com, on iTunes and at Barnes & Noble (BN.com).

Please share the news with your friends and family, spreading the word as you feel inspired to do so!



## Philosophy Corner

"As humans can shape more and more of their surrounding environment to pattern they can dwell more in the actuality of the ideal."

Marc Edmund Jones  
 Founder of the Sabian Assembly  
[www.Sabian.org](http://www.Sabian.org)



Please send your comments about inner peace, contributions and artistic expressions to [Mayte Picco-Kline](#). [Peaceful Journey](#) is published quarterly. If this is the first time you've received it and wish to be a part of our circle of friends, please [click here](#).

I also invite you to explore [Words of Inspiration](#) and [Mayte's Musing](#).

In the Light of Peace,

Mayte Picco-Kline