



# Peaceful Journey Newsletter

## Friends of Peace Pilgrim

September 2010

“Blessed are they who advance toward the spiritual path without the selfish motive of seeking inner peace, for they shall find it.”

Number 47

*Peace Pilgrim*

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## Wholeness in Living: Kindling the Inner Light

### The Joy of Service

Mother Teresa shared in a poem her understanding of the value of service. In her own words:



“At the heart of silence is prayer.  
At the heart of prayer is faith.  
At the heart of faith is life.  
At the heart of life is service...”

Service has to do with intention. When we make our primordial intent to serve others, we contribute to the unifying power of fellowship. This basic enthusiasm can potentially become a part of everything we do and in that effort retain a reality of youth as we serve. Giving is a manifestation of our personal fullness. As we give, potential expands to experience the magic in generosity.

[www.WholesnessInLiving.net](http://www.WholesnessInLiving.net)

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## International Day of Peace

On September 21, 2010, people all over the world will unite once more through diverse activities as we celebrate the International Day of Peace, and *Peaceful Journey* joins the global community in our common mission in the light of harmony. “Let there be Peace on Earth... and let it begin with me...”

We invite you to see some of these activities at [International Day of Peace](#) and the events organized by the [Earthdance Global Festival for Peace](#).



*Peace Bell, Hiroshima, Japan  
Photo by Mayte Picco-Kline*

Now in our 17<sup>th</sup> Year of Publishing Peace-Full News

## Messages from our Friends Around the World

"A smile is the light in the window of your face that tells people you're at home."

*Author unknown, shared by Anthea Mitchell  
Glastonbury, United Kingdom*



"Peace is built through daily commitment."

*Néstor Hugo Almagro  
Mendoza, Argentina*



"May today there be peace within. May you trust that you are exactly where you are meant to be. May you use the gifts that you have received, and pass on the love that has been given to you."

*Author unknown, shared by Mary Newswanger,  
Monteverde, Costa Rica*



"The next thing that brings you joy, whatever it is, brings you closer to your soul."

*from "Reinventing the Body, Resurrecting the  
Soul" by Deepak Chopra  
shared by Patti Hudson, Pennsylvania, United States*



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## News from Friends of Peace Pilgrim

### Peace Pilgrim Honored



Peace Pilgrim was posthumously inducted into the 2010 Class of the [Atlantic County Women's Hall of Fame](#). Her sister Helene Young, 95, graciously accepted the award on behalf of the international and local Friends of Peace Pilgrim. Young said receiving the award was one way to continue to spread her sister's simple, but profound message of peace. "She would appreciate the honor, I'm sure, but Peace Pilgrim would want the focus to be on her message," Young said. "The more people that attain inner peace, the more likely we are to have peace around the world."

*Photo by James B. Burton*

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## News from Friends of Peace Pilgrim (continued from page 2)

### Steps in Romanian

Roxana Bobulesco, a Romanian lady who lives in Grenoble, France doing research and teaching Economics, is now a part of our team of translators and is letting us know the great news, "I have the extraordinary joy to send you the Romanian version of the *Steps toward Inner Peace*. I had a very deep, deep feeling of an inner call and I will pursue this wonderful journey with the translation of the Book." A complete article of Roxana's journey will be published in the next *Peaceful Journey*.

### Spirit of Women Award

Nanette Galloway, an enthusiastic member of Egg Harbor City Friends of Peace Pilgrim, (where Peace Pilgrim was born) let us know that Peace Pilgrim was honored at AtlantiCare's 2010 Spirit of Women awards celebration and dinner this year. Proceeds of the event benefited the AtlantiCare Foundation.

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## International Institute on Peace Education

The [IIPE](#) was founded in 1982 by Dr. Betty Reardon and faculty colleagues at Teachers College Columbia University and has been held annually in different parts of the world. This year the annual event took place in the summer in Colombia. For 27 years the institute has been providing unique short-term, residential, cooperative learning experiences in peace education. This is a "learning community" in which the organizers and participants work together to nurture an inclusive, highly interactive learning environment. Its purpose is to educate and work for a culture of peace in the host region and around the world.



This fall, the institute will offer a Conference for Conflict Resolution – "Many Paths, One destination", Women making Peace: Where are we now?, various programs toward a Certificate in the Analysis, Ethics and Application of Peacebuilding, and other related programs.

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## Activity for Peace in Ghana

Stephen Awudi Gadri, recently published his book, [The Revealed Myths about Trokosi Slavery... Human Rights Violations](#), a book that describes a social situation prevalent in his country in an effort conducive to peace. From his book: "Trokosi is a combination of two Ewe words, tro, and kosi. Tro means deity and kosi is a slave. Trokosi therefore means the slave of a deity", which is a social reality for some girls in the region. "The trokosi system is one of the most ancient practices still found among the Ewes in Ghana, Togo and Benin." For more details visit his site.

I love love...  
 And love the Creator of love...  
 I love the love in you...  
 And the love in me...  
 I love the love of those who have already left...  
 And the love of all in all...

Let us build the happiness that love brings in  
 the sea of peace, and leave our bodies at the  
 edge...



Norma Pico  
 State of Mexico, Mexico

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## Angela Pro Deo Work for Peace

[The Angela Pro Deo Foundation](#) works for Peace in a variety of ways and in their website you can see various expressions of Peace Songs from around the world, the Peace Pilgrim booklet, Serenity Prayer, information about the Hand-in-hand for Peace Project CD, Peace Prayers in various traditions and more! *Angela Pro Deo* and *Wholeness in Living* are Partners for Peace.



Maria Talis, translator of *Steps toward Inner Peace* into Dutch, tells how Peace Pilgrim stepped into her life: "Around 1996, I met an originally English biochemist/ kinesiologist living in Tel Aviv Israel, when I visited Mother Meera for blessings and two hours of silent meditations near Limburg an der Lahn in Germany. Since I am a musician and healing coach this lady and I had much to share and in 2002 I taught her Emotional Freedom Techniques and she taught me an allergy neutralizing protocol, using Touch For Health. Afterwards, this lady offered me "Steps" in English and she took home one of my CDs. Back home I read the booklet and how I loved it! I asked *Friends of Peace Pilgrim* if a Dutch version was available. They wrote back telling me where I could find it, but... it had to be bought from a publisher and I did not agree with that, considering Peace Pilgrim's message. So, I decided to translate it myself and to make it available for free. In September 2003 I initiated a Foundation for more Music, Health and Peace (The Angela Pro Deo Foundation) and offered the Dutch *Steps* there. Then I told Friends of Peace Pilgrim I created Dutch *Steps* so this booklet could also be downloaded for free from the Friends of Peace Pilgrim website. Music, Health and Peace to all!"

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## New Partner for Peace

*Peaceful Journey* continues to build relationships with teams around the world who work for Peace and on this occasion we are joyful to share with you our new partnership with the [World Day of Interconnectedness](#) as we join them in spirit as we all celebrate the **2nd World Day of Interconnectedness** on 101010 to honor their theme.

## New Partner for Peace (continued from page 4)

A few words about their vision:

"A deep sense of interconnectedness, or oneness, is at the core of decisions and actions that are life affirming and good for the whole. In other words, it will bring forth an environmentally sustainable, fulfilling and socially just human presence.

"The omni present invisible field of electric and magnetic energy connects us all. Energy follows thoughts and feelings. What we focus on is what we manifest and attract. These are the universal laws of manifestation and attraction. Proven by quantum science.

"By organizing a global 24 hour event with a focus and concentration on celebrating interconnectedness, we manifest and attract more of what we want on a global scale: a greater sense of interconnectedness as a foundation for a world that works for all life.

"A shift from separation to oneness, a shift from **I** llness to **WE** llness."



### Sabian Corner

Marc Edmund Jones' lifelong project was clarifying how consciousness works in human rather than scientific terms. He understood how our personal reality grows out of our everyday experiences and that we enrich our lives by the ideas and values we bring into them. His final effort on this topic was a book titled [Patterns of Consciousness](#) which has now been published and is available through Amazon.com.

*"Wholeness of mind is a gift for completeness."*

*Marc Edmund Jones*



Please send your comments about inner peace, contributions, and artistic expressions to [Mayte Picco-Kline](#). *Peaceful Journey* is published several times each year. If this is the first time you've received it and wish to be a part of our circle of friends, please [click here](#).

I also invite you to experience our [Words of Inspiration](#).

In the light of Peace,

Mayte Picco-Kline