



# Peaceful Journey

## Friends of Peace Pilgrim

June 2009

"Blessed are they who have seen reality, for they know that not the garment of clay but that which activates the garment of clay is real and indestructible."

Number 44

Peace Pilgrim

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### Namaste'

I honor the place in you  
of love,  
of life,  
of truth,  
of peace,  
I honor the place in you  
where  
the entire universe resides.  
I honor the place in you  
where  
if you are in that place in you  
and I am in that place in me,  
we are One.

{Shared by friends in Connecticut, USA}



Rainbow in Holland  
photo by Bert Gunn



### Sabian Corner



Paraphrasing Marc Edmund Jones, the rainbow is the objective manifestation of the cosmic aura, a promise to always sustain inspiration, a guarantee that vision shall eternally manifest itself through all life circumstances as the pot of gold at the rainbow's end. The real edifice of a human being's individual vision is the cathedral of thoughts upon the structure of which he labors everyday.

## Exploring the Wonders of Inner Peace

{from Mayte's Blog: <http://www.wholenessinliving.com/english/blog/>}

### *Becoming a Shining Light*

A few years ago during a visit to the Peace Pilgrim Center we would gather together each day with joy to share delicious vegetarian meals and started by lighting a candle in the center of the table and taking some moments of silence in meditation.

While the candle was being lit our host usually recited in a solemn manner these words of Peace Pilgrim...

"Within you is the light of the world  
to be shared with the world."

In a spirit of renewal, through our appreciation of the Way of Peace and Love we contribute to the total scheme of harmony by directing our daily thoughts to the highest of our understanding.

### *The Path of Peace*

Our daily thoughts, feelings and acts  
Contribute to the total scheme of Peace.  
By living to give and serving others  
We become a source of inspiration.  
By making peace with others we bring peace to ourselves...  
Because we are all ONE, we are interconnected.

I invite you reflect on the following affirmations of peace.

- 🌈 My being is the shrine of indwelling light and love.
- 🌈 I give the world a fellowship of faith.
- 🌈 I now have found the sunshine of divine compassion.



Peace Pole in Egg Harbor, NJ USA  
Photo by Mayte Picco-Kline

Other blogs from Mayte include:

- ❖ Serving the Human Family
- ❖ Meaning in Experience
- ❖ A Practical Application of Oneness
- ❖ The Power of Silence
- ❖ The Joy of Each Moment

## Peace Pilgrim Book in Italian



Great News! Claudia Biacchi in Sorbolo, Italy has completed the translation of *Peace Pilgrim: Her Life and Work in Her Own Words* into Italian. Thank you, Claudia, for your magnificent work.



Claudia shares here impressions and story with us. "I must have found Peace Pilgrim's website while browsing peace movements in general, and her story

fascinated me. How come that a single person has done so much for peace by just walking across a country? It must have been this kind of simple curiosity, mixed with the fact that I would have liked to work translating materials (a subject I like very much is alternative medicine). Exploring jobs I did some that I disliked a lot, so much that I became ill (and Peace Pilgrim has an answer to that!). In the summer-autumn of 2007, while considering to leave a job that did not suit me and searching for another job, I saw that *Steps toward Inner Peace* could be translated into Italian, so I thought, "Ok, I like doing translations, I like this kind of subject, I feel sad and depressed, so why not just doing it for pleasure?" And, while translating "Steps", a new perspective opened to me: those who belong to the French Mouvement de la Paix have a slogan, "De mon quartier à ma planète" ("From my neighborhood to planet earth") and this resonated with Peace Pilgrim's vision that everything must start from the nearest part of yourself, that is, within you. Mouvement de la Paix is more grounded in political actions, while Peace Pilgrim's roots are more spiritual. This inner, spiritual perspective made me feel so little in comparison with her, and while translating I reflected on everything she said... When I discovered this year that my translation of the "Steps" had been published on the Friends of Peace Pilgrim's website I felt the need and pleasure to continue with the translation of the book. I thought, perhaps all this isn't an accident at all, perhaps I really need to put into practice Peace Pilgrim's teachings... And while translating the book, I have felt serene inside, and have found some help in cutting caffeine and eating better. It is already a good step forward for me! I now feel more at peace with myself by the fact that I decided to accept myself as I am."

"I hope that the translation will do well and I thank you again, Mayte, for your encouragement!! I have had and still have opportunities for meditating and transforming myself through Peace Pilgrim's message."

# Welcome



A warm welcome to our newest friends in the *Peaceful Journey* circle: Lindsey Robinson from Scotland in Spain, Jeniffer Thompson and Brian Donley in the United States, Maria Talis in Holland, Claudia Biacchi in Italy, Mark Blevins who contacted us via internet, Nilofar Kazi from Afghanistan.



## *Peaceful Families*

*Shared by Stan Carnarius,  
Lititz, Pennsylvania, USA*

The Lancaster, Pennsylvania Monthly Meeting of the Religious Society of Friends has been working on defining "What does it mean to "Live the peace testimony in all family relationships?" Here's an extract of some of their findings.

The Peace Testimony has been an anchor for The Religious Society of Friends through changing, often turbulent centuries. Since all human beings are children of God, Friends are called to love and respect all persons. Friend's testimony arises from the power of Christ working in their hearts. Their words and lives should testify of this power and to stand as a positive witness in a world still torn by strife and violence. In their individual lives, the peace testimony is an ideal that leads them to accept conflict as an opportunity for loving engagement. They seek to maintain love and unity.

They acknowledge that in a family context it can be difficult to live the peace testimony, "our birth families shape us so our patterns of living become invisible to us." One of the challenges is to "learn to accept someone's feelings, which may be so different from your own, without feeling personally threatened." They acknowledge that families are there to nurture.

In dealing with conflict, here are some of their comments:

"Conflict is an opportunity for loving engagement with those with whom we disagree."

"Love can often be expressed in creative, constructive resolution of the disagreement."

"Part of 'engagement' is accepting things as they are."

"The idea of 'what is this conflict teaching us?' might be helpful."

"It is important to speak up and validate reality for ourselves and others."

## Expressions from Friends Around the World

### Holland

#### *You and I are One*

In my air, my face, my eyes,  
In my voice and actions  
One can find the finest Light  
Of my inner being.

So your inner being  
Will shine in my awareness  
And in all this clarity  
You and I are One.

Poem and Music © Maria Talis

- sheet-music and audio: [www.angelaprodeo.org/en\\_peace.html](http://www.angelaprodeo.org/en_peace.html)
- sung by Angela Andy, zither played by Maria Talis.
- composer: [www.angelaprodeo.org/en\\_maria\\_talis.html](http://www.angelaprodeo.org/en_maria_talis.html)
- email: [maria.talis@angelaprodeo.org](mailto:maria.talis@angelaprodeo.org)

### Mxico

Humility is to act according to your highest  
Light.

### Costa Rica

Whomsoever he touches, he creates more  
love-energy. The man of peace is creative.

~ Osho ~ shared by Janine Fafard

### Argentina

Peace is built through daily commitment.

*Nstor Hugo Almagro*

### United States of America

Love in any genuine sense is focused in the possibilities of life as these come tripping over the horizon and stand at the window of self to testify to the passing of winter and the opening up of new thresholds of experience.

*From Marc Edmund Jones, shared by Patti Hudson*

### United States of America

#### *Fountain of Life*

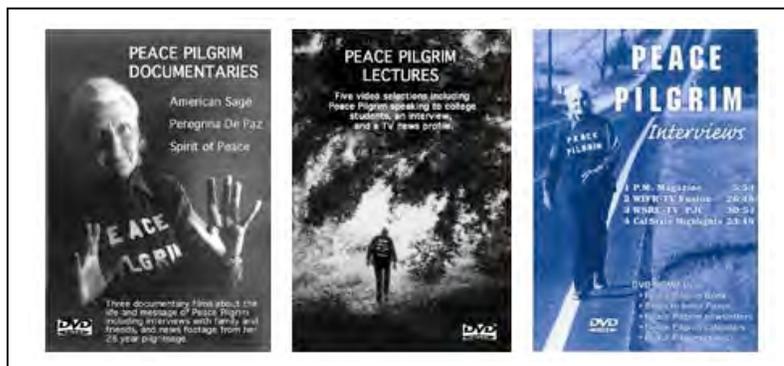
A spring in woods near Ambler,  
Deep and clear,  
Bordered with mossy rocks  
And soft green banks  
Their presence overpowers,  
Deeply altering mood.  
Who worshiped here before?  
In silence a clue,  
An opening to the universal,  
These waters of profound peace.

*Jonas Mather*

## Celebrating the Life and Work of Peace Pilgrim

*A Memory from Cheryl Canfield, one of the compilers of the Peace Pilgrim book*

"So many memories of Peace Pilgrim remain fresh and clear in my mind. When I saw her for the last time just before she made her "glorious transition to a freer life" she was so full of vitality it seemed she might actually outlive me - and I had yet to reach 40! Despite the fact that she was silver-haired and weathered, she exuded an ageless energy. During one of our last talks she said she would take a sabbatical after her seventh pilgrimage route, and that following that the form of her pilgrimage was going to change. She wasn't sure yet what that change would be, but it's clear now. Instead of her vibrant physical presence, her pilgrimage and message is continuing and spreading around the world through the book *Peace Pilgrim: Her Life and Work in Her Own Words*, the *Steps Toward Inner Peace* booklet, and the many videos now collected by Bruce Nichols in DVD form - all free of charge, thanks to the dedication of many volunteers."



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## *Peace through Art and Music*

A weekend celebration in honor of what would have been Peace Pilgrim's 101st Birthday will be held in her home town in Egg Harbor, New Jersey, United States on July 17-19, 2009. The event will include, within other activities, a concert with folksinger Jody Kessler, a two-mile inter-generational Walk for Peace and historical tour to Peace Pilgrim's childhood home, hosted by Peace Pilgrim's sister Helene Young, and an old-fashioned pot-luck community picnic at the Peace Pilgrim Park.

We invite you to be with us as we celebrate Peace Pilgrim and how the pilgrimage continues.

More information at: <http://www.peacepilgrim100.org/>

## *Wholeness in Living, Kindling the Inner Light*

by Mayte Picco-Kline, watercolor by Lilia del Valle Rogel

### *Striving toward Ideals*

"My ideals are peaks that invite me to climb as they bring new levels of inspiration to my seeking soul."




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### *Hand in Hand for Peace*

...may peaceful sounds go round all over the whole world and in each heart...

In 2005 the Angela ProDeo Foundation in Holland started the 'Hand in Hand for Peace' - project. Its purpose is to encourage people of all religions and belief systems to connect in the creation of a peace CD. The words of the songs and the CD will be downloadable for free on the internet. All words will be translated in as many languages as possible and offered on the web so anyone can enjoy the music and the message.

Musicians can mail the Foundation a mp3 of a song for peace from a certain tradition or a personal composition. The Angela ProDeo Foundation will bring together a collection of peace songs and create a copyright free CD. They will choose the songs that are suitable according to their insight.

For more information about the Hand and Hand for Peace project, and to listen to the gorgeous first two tracks for the CD: "Born in the One Light" by Maria Talis and "The Universal Prayer for Peace" by Georgia Carr, go to:

[http://www.angelaprodeo.org/en\\_handinhandforpeace.html](http://www.angelaprodeo.org/en_handinhandforpeace.html)

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### *Seeds of Peace*

Throughout the years, we have been reporting the encouraging activities of the group called, "Seeds of Peace", dedicated to use dialogue to empower young people in conflict resolution in the Middle East and South Asia. Given recent violence in the area the activities of the "Seeds of Peace" are postponed in Gaza, the West Bank and Israel, and are being restructured. Their programs in India, Pakistan and Afghanistan continue to run albeit under difficult and strained circumstances. More information when available.

## Reflections

We invite you to participate in this section by selecting a phrase or sentence from the Peace Pilgrim materials. Please indicate source and page.

- ☞ Love your fellow human beings, turn to them with friendliness and forgiveness. {Stephen Awudi Gadri, Ghana}
- ☞ In order for the world to become peaceful, people must become more peaceful. {Zoraida Consuegra, United States}
- ☞ You cannot change anyone except yourself. {Emilia Kuri, México}
- ☞ The teaching of divine truth - primarily the law of love - is the religion of the future. {Rosemary Southwell, South Africa}
- ☞ When you have constant communion with God, a constant receiving from within, there is never any doubt; you know your way and become an instrument through which a job is done. {Mayte Picco-Kline, United States}
- ☞ Each time you find someone, think about something encouraging to say: a kind word, a useful suggestion. {María Contreras Roldán, Spain}
- ☞ Those of us who work for peace need to sustain our strength. {Victoria Novik Assael, Chile}

### *Favorite Quote:*

Life is a mixture of successes and failures. May you be encouraged by your successes and strengthened by the failures. As long as you never lose faith in God, you will be victorious over any situation you may face.



Please send your comments about inner peace, contributions and artistic expressions to Mayte Picco-Kline. "Peaceful Journey" is published several times each year. If this is the first time you've received it and wish to be a part of our circle of friends, please send a confirmation note.

*Peaceful Journey*

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