



Friends of Peace Pilgrim

A Non-Profit, Tax-Exempt, All Volunteer Organization
P.O. Box 2207 ☞ Shelton, CT 06484 ☞ (203) 926-1581
www.peacepilgrim.org ☞ email: friends@peacepilgrim.org

Winter 2009

“Overcome evil with good, falsehood with truth, hatred with love” - Peace Pilgrim

Number 52



Peace Pilgrim's sister Helene Young, Officer Aylwin, and Cheryl Canfield at the Peace Pilgrim 100th birthday peace walk.

Dear Friends of Peace Pilgrim

As February stretches into March and the days begin to noticeably lengthen, we are reminded of the cycles of life and the constant river of change that washes through the midst of all things.

Since our last newsletter, a summer, a fall, and most of a winter have gifted us with the beauty of the turning seasons. Lush greens were transformed into flaming fall colors which gave way to the quiet browns and monochrome whites of winter. How amazing it is to witness these transitions. They remind us of the beautiful way in which life is a series of continuations rather than beginnings and endings.

Here at Friends of Peace Pilgrim we are also aware of how the pilgrimage that Peace began on January 1, 1953 continues in the world. While we do some of the basic work of printing books and booklets and responding to the letters, email, and phone calls of our friends, it is really a much more widespread and grass-roots effort that is the substance of the continuing journey of Peace. All of you who have been touched, inspired, and motivated by Peace Pilgrim are now a part of the pilgrimage. You have found personal and innovative ways to create more peace in your lives, among your families, and in your communities. You have shared your enthusiasm for Peace Pilgrim's message by telling

your friends about her and offering them books, booklets, and other materials. It has been a wonderful partnership and without your involvement, Peace's message would not have traveled the world reaching millions. Thank you for helping keep the pilgrimage alive.

In this issue of our newsletter you will find articles about some significant events from the past year. Peace's hometown of Egg Harbor City, NJ hosted a 100th birthday celebration last July. All who participated had a wonderful time and if you missed the event, the 101st is now being planned. A celebration honoring our dear friends and mentors John and Ann Rush was held at the Peace Abbey. You will also find information about our video collection, now available on DVD. And, of course, there are letters from friends, near and far, sharing their stories of Peace Pilgrim's influence on their lives. We look forward to hearing from you also.

In peace and friendship,
Cheryl Canfield, Jeff Blom, Richard Polese,
Mayte Picco-Kline, Bruce Nichols
The Friends of Peace Pilgrim Board

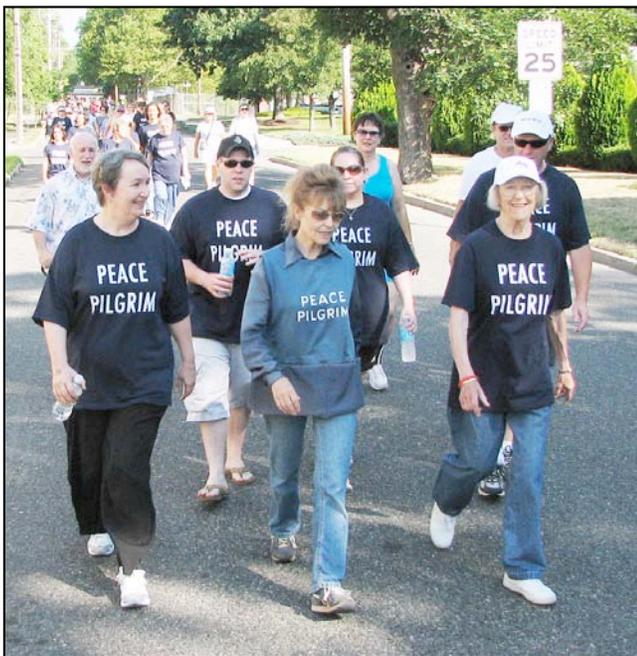
“One little person, giving all of her time to peace, makes news. Many people, giving some of their time, can make history.” Peace Pilgrim

Peace Pilgrim's 100th Birthday Celebration

by Cheryl Canfield

So many memories of Peace Pilgrim remain fresh and clear in my mind. When I saw her for the last time just before she made her "glorious transition to a freer life" she was so full of vitality it seemed she might actually outlive me - and I had yet to reach 40! Despite the fact that she was silver-haired and weathered, she exuded an ageless energy. During one of our last talks she said she would take a sabbatical after her seventh pilgrimage route, and that following that the form of her pilgrimage was going to change. She wasn't sure yet what that change would be, but it's clear now. Instead of her vibrant physical presence, her pilgrimage and message is continuing and spreading around the world through the book *Peace Pilgrim: Her Life and Work in Her Own Words*, the *Steps Toward Inner Peace* booklet, and the many videos now collected in DVD form - all free of charge, thanks to the dedication of many volunteers.

Attending the celebration of Peace's 100th birthday in Egg Harbor City, New Jersey, this past July was another opportunity to experience the incredible impact her message is still having on people. I, and several others, were hosted by Helene Young, Peace's younger and also vibrantly energetic (93 year old!), sister. The festivities began with a film on the evening of July 18, Peace's birthday. We gathered at the Charles L. Spragg School for a public viewing of the documentary, *An American Sage Who Walked Her Talk*. Following the film, Bruce Nichols presented the town with a Peace Pilgrim Peace Pole, which will be erected at the local middle school when it moves into its soon-to-be completed new campus - where children of her community will be able to learn about the inspiring life of this native daughter. Filmmakers Mark Skelton and



Jemila Ericson, Cheryl Canfield, and Helene Young lead peace walkers on a two-mile pilgrimage.

Lee Waterworth, who are working on producing a film dramatization of Peace's life, were also in attendance and filming.

The following morning 125 people gathered for a two-mile intergenerational walk that took us past several Egg Harbor City historical sites, including the childhood home of Peace Pilgrim. That afternoon the community gathered for an old-fashioned picnic at Peace Pilgrim Park. As John Galloway, who helped install the clay tiles made by children from the Ritenburg School that surround a serene statue of Peace Pilgrim had to say, "Peace Pilgrim Park is a great place for someone to pause for quiet reflection. The city has given you a place where the world can contemplate your message of inner peace. Happy Birthday, Peace Pilgrim. May your actions inspire others to pursue your dream." The day ended at sunset with the formation of a human peace sign - made all the more fun and challenging by the breeze, which kept blowing out our candles as we posed for a group picture.

For many, this was the first of what will likely be a memorable tradition of honoring the life and work of Peace Pilgrim. Lynn Horng attended all of the events that weekend and said, "You could just feel that a very special group, although many, including us, were strangers to most others, had come together with a common desire for peace. Happy Birthday, Peace Pilgrim. May your memory never perish as long as the earth endures!" And other new dear friends write personal messages. From Colby: "I'm immensely gratified to know of Peace Pilgrim. I want to believe that eventually the peace movement can prevail and humans can live in love all the time." And from Doug: "We in Egg Harbor City are keeping her image alive. Personally, I have spoken about Peace Pilgrim and her 100th Birthday Celebration to several civic and fraternal organizations. At our last city council meeting, I mentioned that the fire and passion she left in me has spread not only to peace, but to our environment, suggesting incentives for green power and utility construction. Personally I would like to thank Peace Pilgrim for bringing Colby Tippins and me together. We visit her grave on occasion and today Colby left a hand-painted stone thanking Peace Pilgrim for bringing us together. Colby and I will be looking forward to greeting everyone on birthday 101, 102, 103, etc."

And so will I! Hope to see you on July 18, 2009 - at another inspiring birthday celebration of our beloved Peace Pilgrim at her hometown - Egg Harbor City, New Jersey.

Peace Pilgrim's 101st

Planning is already underway for the 2009 Peace Pilgrim celebration in Egg Harbor City, NJ. The events will take place on July 17 and 18 and follow a format similar to that in 2008. There will be a Friday evening event with a Peace Pilgrim presentation and some live music. On Saturday we will once again enjoy and intergenerational peace walk and another community picnic will be held at the Peace Pilgrim Park. A local committee is organizing the celebration and the town of Egg Harbor City has been very supportive of this event that focuses the community on peace and honors the significant contributions of a native daughter. For more information visit - www.peacepilgrim100.org.

Memorial Service for John and Ann Rush at the Peace Abbey

by Bruce Nichols

On June 21, 2008 family and friends from across America gathered at the Peace Abbey in Sherborn, MA to celebrate the lives of John and Ann Rush. For almost 20 years John and Ann ran the Peace Pilgrim center from their home in Hemet, California. Their selfless service and dedication to sharing the story of Peace Pilgrim's life and message were an inspiration to all who knew them.

On the grounds of the Peace Abbey is a memorial stone dedicated to "Conscientious Objectors Who Walked the Earth Spreading the Tradition of Non-violence to Future Generations." Before their deaths, Peace Abbey director Lewis Randa had contacted the Rushes and their family to find out if John and Ann would accept the honor of having their names added to the stone and their cremated remains buried and scattered on "CO Hill." Among others who have been so honored are David Dellinger, a key member of the Chicago Seven and Wally Nelson, WW II conscientious objector and long time war tax resister.

The day began with a quiet Quaker service in the chapel of the main building. Those gathered sat in silence and spoke when inspired to do so. Wonderful memories were shared, as were words of peace and some favorite songs of John and Ann.

After the service all went out and gathered around the



Relatives of John and Ann at the Peace Abbey

monument on CO Hill. Lewis Randa, director of the Peace Abbey, offered some words about the high regard in which he and others at the Abbey held John and Ann and how honored they were that the Rushes had chosen the Peace Abbey as the final resting place for their mortal remains.

The day concluded with the sharing of wholesome food, live music and contra dancing. As Peace Pilgrim advised, the gathering was one to celebrate two lives of service, well lived. John and Ann in their simple and steadfast way influenced the lives of people all over the world. We are blessed to have known them.

Honoring Peace Pilgrim

By Mayte Picco-Kline

Peace Pilgrim became my inspiration from the very first time I had the privilege to hear about her, 17 years ago, and I wish to share my appreciation as I see her Light and Love shining eternally bright on Earth.

Her dramatization of the way of Peace has transforming power and she continues to influence my own work for peace in expanding ways. Thank you, Peace! In the depths of my being I now know . . .

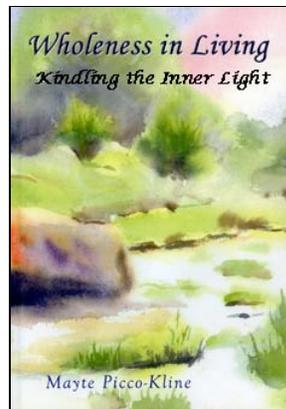
- ❖ Peace is the sole and only source of happiness and resides within me.
- ❖ A quiet, indwelling peace...
- ❖ A perfect, satisfying peace...
- ❖ A joyous celebration of life and of all that is!

Life has a joyful outlook through the experience of a vibrantly alive inner peace. In this gentle mood we know that even during the most difficult of times we have the spiritual resources to handle any situation we may encounter. In the process of living in peace with ourselves and others we develop a basic poise that becomes instrumental in transcending illness, dealing with natural disasters and confronting challenging situations and relationships. This approach to living lies in the understanding that all we experience has a purpose.

Peace Pilgrim's words resonate in my soul, "When I awoke at dawn I was back on the spiritual mountaintop with a wonderful feeling. I knew I would never need to descend again into the valley. I knew that for me the struggle was over, that finally I had succeeded in giving my life, or finding inner peace."

I wish to share with you some of my affirmations to embrace peace:

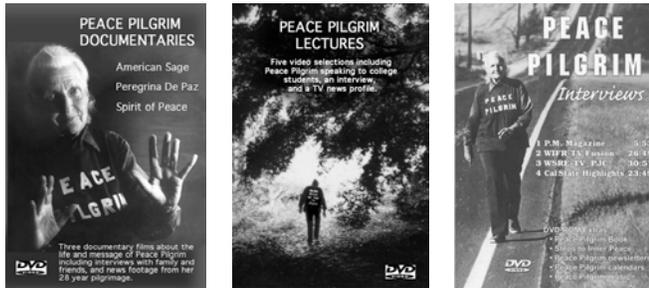
- ❖ My heart opens wide in a joyous embracing of all creation.
- ❖ I recognize God's purpose in each situation and all circumstances.
- ❖ My heart has found the shrine where peace resides.
- ❖ I am a part of all and choose peace.



Mayte is a Friends of Peace Pilgrim board member and the translator of the Spanish edition of our book. Find out more about Mayte's approach to living and how she honors Peace Pilgrim, in her book, *Wholeness in Living: Kindling the Inner Light*, found at her website: www.WholesnessInLiving.com or write: RAK@SolarM.net or P.O. Box 4625, Lancaster, PA 17604

Peace Pilgrim Videos Now Available on DVD

All of our video offerings are now available on DVD media. We had been talking about making the transition for a number of years and are happy that we can now bring Peace Pilgrim to you in this updated format. This newer technology allows us to offer the contents of six video cassettes on three DVD disks. Here are our new offerings:



PEACE PILGRIM DOCUMENTARIES – This DVD contains all of our documentaries on one disk. Included are:

Peace Pilgrim: An American Sage Who Walked Her Talk – our popular, professional quality film about Peace Pilgrim's life that includes much historical footage and interviews with friends and family.

American Sage with a Spanish language audio track – Identical to the English version but with a professional Spanish voice-over.

American Sage Intros – Two short introductions to Peace Pilgrim's life and message in English and Spanish filmed at the United Nations University of Peace in Costa Rica

The Spirit of Peace – The original Peace Pilgrim documentary filmed in 1993. This program includes many interviews with those who knew Peace Pilgrim and were inspired by her message.

PEACE PILGRIM LECTURES – This DVD has five selections to choose from:

Speaking to a College Class I & II – Two one-hour talks given by Peace Pilgrim to students at Cal State University in Los Angeles.

Answering Questions – Peace Pilgrim answers questions from students at the University of Georgia.

Pensacola Junior College Interview – A thirty-minute interview of Peace Pilgrim.

TV News Profile – A six-minute segment produced for the PM Magazine television program in the late 1970s.

PEACE PILGRIM INTERVIEWS – On this DVD you will find:

WIFR-TV Interview – A twenty-five-minute television interview filmed at a station in Rockford, IL.

Pensacola Junior College Interview – A thirty-minute interview of Peace Pilgrim. (also on the Lectures DVD)

Highlights Video – This introductory video includes clips from some of our other offerings and runs for twenty-four minutes.

TV News Profile – A six-minute segment produced for the PM Magazine television program in the late 1970s.

There are several additional features on the Lectures DVD. All of the video programs can be viewed with subtitles. The languages included are French, Spanish, Russian, English (for hearing impaired), Portuguese, and two Chinese dialects, making this a truly international offering. In addition to the video programs there are many DVD-ROM extras in PDF (Portable Document Format). These include the entire text of our book, *Peace Pilgrim: Her Life and Work In Her Own Words*, our *Steps Toward Inner Peace* booklet in several languages, all of our past newsletters, and some music in mp3 format.

How the Pilgrimage Continues

Peace Pilgrim walked the roads of North America for 28 years. Over that time she personally interacted with many thousands of people through her lectures, radio and TV interviews, and in one-on-one conversations.

Her life was her message. She lived, breathed, and walked it for almost three decades. While we miss her presence among us and often wonder how she might respond to the current world situation, it is obvious to us at Friends of Peace Pilgrim that the pilgrimage begun on the streets of Pasadena on January 1, 1953 is alive and well in the world today.

It continues through the hands and hearts of many of our friends around the world. If you have ever told a friend about Peace Pilgrim, referred someone to our website, or shared a book, booklet, or video, you have been a continuation of the pilgrimage in the world.

A recent note from our friend Paul in Washington State included a lovely card that he created to share the "Steps" booklet. Inside a note reads:

"This card has been given to you along with the small booklet "Steps Toward Inner Peace" from the Peace Pilgrim. I hope that you will read the booklet with an open heart.

"When you are through reading the booklet please sign your name on the right side of this card and mail or give this card and booklet to another of your friends. When the last line on the card is signed, please return the card to me. I will then send that person another card so that they can pass that card and the booklet along to the next friend."

This is just one example of how the pilgrimage continues.



Paul's Card

Letters and Email

From Matthew in New York:

Hello, my name is Matthew. I am 26 years of age and an armed forces veteran. I live in upstate New York in the Adirondack Mountains where I work and go to school full time. I recently watched the documentary on Mildred Norman and was absolutely moved by it! I am also baffled that I, as well as most of the people I know have never heard of this amazing woman! I would love to have several copies of her book if it is not too much to ask. I would like to share them with some of my friends. I work in a residential facility for troubled young boys and I feel that I could get a couple of them to read this as well. I often think if these boys knew about such a woman and read her story and beliefs that it may ease them and help to keep them on task through difficult times in their lives. Thank you so much. It truly is a good thing you all are doing. God Bless you.....

From Megan in Texas:

Hello! I am writing to receive a copy of your book. I have already read it online, admittedly, but would like to have a copy of my own to pass around. I was blown away by the message because my original search was about mystics in history - just a random curiosity (or inspired thought!) I had. Peace Pilgrim came up in my search and I'm amazed nobody around here has really heard of her. Some scoff at what she did saying things like, "yeah, a lot of good she did, huh." She is still doing the work of God and I believe her spirit is present in many people today. She passed on a year after I was born and it's been almost 30 years since then - sorry I didn't hear about all of this sooner! :) I've been on my own spiritual "walk", so to speak, and as Peace Pilgrim would put it, I have been "plugged in" to the spirit lately - as if out of nowhere this amazing story about the power of faith and love and PEOPLE has blessed my life. That is the way it works - When we seek, we shall find. God bless you folks for all you do.

An email from a journalist in Kashmir:

Dear Madam/Sir, I live in Muzaffarabad Kashmir, which remains embroiled in violence and turmoil. For over a half-century since 1947, people of Kashmir have been bearing the brunt of the animosity between the region's two countries, India and Pakistan - now both nuclear powers. They have fought two of their three wars to gain control over Kashmir and they have yet to settle this dispute even after the loss of the lives of half-a-million. We want peace like the food, water and air. We are sick of wars, violence, and turmoil. Please send a copy of Peace Pilgrim. Maybe I can find something in it to achieve much needed peace for my people.

Regards, Khizar (Journalist)

From Anne in California,

I've heard it said that when the student is ready, the teacher will appear. And that has certainly been the case in my lifetime. Just last month I heard about Peace Pilgrim for the first time. And yet she began her walk when I was almost five months old and died just five months before my first child was born 27 years ago. My parents used to attend the Rose Parade every year, so I was probably at the parade on the morning of January 1, 1953 when Peace began her first pilgrimage. And yet it is now this late in my life that I finally make her acquaintance.

The information on your website said that if someone requested it you would send a free copy of Peace Pilgrim Her Life and Work in Her Own Words. The copy I read needed to be returned to the library and since I am disabled and do not have the money in my budget for books, I would love to receive a free copy; one that I can highlight and underline and keep notes in the margins!

For many years my mother and I have been estranged. Just this last year many healing things have come to pass and we are now speaking again. She has had a VERY DIFFICULT time coming to terms with her life and "peace" is NOT a word that describes her. Yet, I think Peace Pilgrim's book would reach her on a level no one else has been able to up to now. So if you could send me two copies, I will give the second to my mother.

Since I, myself am somewhat of a wanderer - living full time in a motor home and staying with friends who offer free parking - I need you to mail these to my friends with whom I will be spending a few weeks.

Thank you so much for keeping alive the message of Peace Pilgrim; I know there are many people out there who have not heard of her yet but are open and ready for her message.

From a prison chaplain in Texas

I am the assistant chaplain at the El Paso Detention Center. Over the past few months we have distributed your booklets in English and Spanish to hundreds of detained men and women. In addition we had copies of the Peace Pilgrim in our library and several of the detainees have commented on how much these books have deeply inspired them.

Recently I received a letter from a Vietnamese woman who has since left us. She thanked me for the help she received and included \$40.00 requesting that this money be used to help other detainees. It was placed in an envelope with your address and so I am forwarding it to you.

I thank you for your generous assistance and ask God's blessing on your continued efforts to spread the message of peace.

"When you feel the need of a spiritual lift, try getting to bed early and get up early to have a quiet time at dawn. Then carry the serene "in tune" feeling that comes to you into your day, no matter what you may be doing." Peace Pilgrim

More Letters and Email

From Charles on the road in Guatemala:

I have thought of your offer of the *Steps Toward Inner Peace* pamphlet. Maybe I can tell you the story of how I came to know Peace Pilgrim. Over two years ago I started on a journey. I had traveled the world before but this time I wanted social work to be the platform for my journey. My plan was to drive my BMW motorcycle to the end of the world (Tierra del Fuego in Argentina) stopping and volunteering along the way. Before beginning the trip, I went to help post-Katrina New Orleans and also worked with immigrants in San Diego with the Western Workers Social Union. After a long tattoo session, I realized that I needed to make some changes in my plan. I realized I needed to stop buying gasoline. So I sold everything and bought a bicycle. I have now peddled all the way to Guatemala. I have volunteered here for nearly a year. During this time, while in a remote mountain town, I discovered Peace Pilgrim. There was a Swiss man there who had your pamphlets. So I would love a bunch of your pamphlets in Spanish so I can pass them out when I continue this journey in January. I speak to hundreds of people as I pedal this world. My flag has a picture of the earth and says in Spanish and English, "*Another world is possible.*" A website is chronicling the journey. Check it out at: quetzaltrekkers.com. Thanks for your time. Peace and love.

Oh, and thank you so much for keeping the faith and holding the light. Peace is all around us.

From Jared in Nebraska:

Wow, is all I can say after reading about Peace Pilgrim's life. She really was an inspiration for human development. Her message is one that truly should be heard by all and keeping her words alive is a very important part of bringing peace to everyone. I absolutely love how her message is so simple and yet profound. I have read much about other sages, yogis, and the sort, but Peace Pilgrim's message seems to be the most universally ready to be accepted, not too much emphasis on religion which can frighten some people away from a message. I would love to share the wisdom of Peace Pilgrim with some people in my life if you could be so kind as to send me a few copies of her book. I would love to be able to introduce my friends to this wonderful woman's work. Thank you in advance, and thank you for donating your time and efforts to such a great cause.

From Yvonne in Beijing:

I had always wanted to write to thank you for giving me the copy of "Steps Toward Inner Peace" but I do have a bad habit of procrastination! Today we had a bonus holiday in Beijing due to the opening of the Olympics. I decided to make use of the time to catch up with friends from afar.

I started reading the booklet while waiting for my

flight in the Hanoi airport and finished reading on the plane. Peace Pilgrim's story is really inspiring. Her life gives examples of how we can walk the talk! She is a bodhisattva! I have re-read the booklet for more than 10 times ever since. Together with Thich Nhat Hanh's mindfulness practices, Peace's story helps me to reflect on my life purpose, and on what small steps I could take one at a time. I am able to gain more inner peace!

I forwarded the website of Peace Pilgrim to my close friends. I think Peace's story can inspire and help a lot more people in China. I would like to publish bilingual Chinese and English copies of "Steps Toward Inner Peace" and distribute them here. May I get the official Chinese translation?

After receiving this email from Yvonne we sent her additional copies of our Steps Toward Inner Peace booklet in both English and Chinese. Booklets containing both languages in one volume have now been printed in Beijing and are making Peace Pilgrim's message available to new friends in China.

From Elizabeth in California,

Words fail me to try to express appreciation for a life lived in the way Peace Pilgrim made hers, every day! All though it was lived in an incredibly simple and original way, still its fullness is utterly touching and awesomely inspiring!

Her simple life and words of rare wisdom illumine every page of this beautiful book and show what a blessing Peace Pilgrim was to those who knew her, and to a newer generation just now learning of her and her dedicated life. She is still here – blessing us all!

Who among us, rich or poor, has gained anything of the insight that continually poured out of Peace Pilgrim enriching all who encountered her. It touches our hearts, it truly does. Love like that is so rare – like sunshine brightening the day for everyone.

Peace Pilgrim's saintly life is a light that lingers on to uplift and illuminate. We are greatly blessed and enriched by her life and words, now speaking to us from her book.

From Jenny in Illinois:

God bless each of your selfless hearts. Peace Pilgrim has touched, changed, and blessed me more than I can say. She was an answer to my prayers and lifted my heart and spirit to the high heavens. Thank you for perpetuating her practical and timeless message of love. (p.s. I sent her book to six others.) Sending you all God's unconditional love.

"The darkness in our world today is due to the disintegration of things which are contrary to God's laws. Let us never say hopelessly this is the darkness before a storm; rather let us say with faith this is the darkness before the dawn of the golden age of peace, which we cannot now even imagine. For this, let us hope and work and pray." Peace Pilgrim

Offerings from Friends of Peace Pilgrim

Dear Friends of Peace Pilgrim: Here are publications we offer freely to all who ask. Many of our friends inquire about sending a donation. These are always welcome but are not necessary to receive our offerings. Friends of Peace Pilgrim is an all-volunteer 501(c)(3) non-profit organization. Donations and bequests are tax-deductible. All money goes directly to our work, helping us to continue producing and distributing materials to all who ask.

PUBLICATIONS

PEACE PILGRIM: Her Life and Work in Her Own Words (Standard Edition), 224 pages. Compiled by five of her friends after her transition in 1981.

PEACE PILGRIM (Compact Edition), 224 pages. This book is the same as the Standard Edition except smaller.

PEREGRINA DE PAZ: Su Vida Y Obra en Sus Propias Palabras 216 pages. (Spanish edition of *Peace Pilgrim*)

STEPS TOWARD INNER PEACE 32 pages. Peace Pilgrim relates her own steps toward inner peace and gives ideas for working for world peace.

(*Steps Toward Inner Peace* is also available in Spanish, Chinese, Arabic, and Hebrew. It is also available on audio cassette. Please call or write for information.)

PEACE PILGRIM, An Extraordinary Life by Ann Rush, 16 pages. Peace Pilgrim's life is traced from her ordinary beginnings through a transformation to a life of unusual commitment.

AUDIO CASSETTES

CAMPBELL HOUSE, 1959 (90 minutes). A talk that is representative of her message. It also has a brief radio interview the day before she died.

SALT LAKE CITY, 1955 (60 minutes). Recorded two years after her pilgrimage began. A gentle talk to a small group in a friend's home. Sue Millard, sings a song composed by Peace Pilgrim.

DALLAS CHURCHES, 1979 (60 minutes). Two talks representative of her vigor, joy, and audience rapport. It also has a song composed by Peace Pilgrim, sung by Don Wittig, and Peace Pilgrim's energizing song, "The Fountain of Love."

PEACE PILGRIM'S SPIRITUAL GROWTH (67 minutes). The sound track of the first hour of the "Speaking to a College Class" video. At the end of Side B, Peace Pilgrim relates one of her prison experiences.

MORE AUDIO

STEPS TOWARD INNER PEACE. Our little booklet in its entirety on audiotape! Narrated by Ann Rush.

DVD VIDEO

PEACE PILGRIM INTERVIEWS DVD – Includes a short TV program from *PM Magazine*, a 25-minute interview for WIFR-TV in Rockford, Illinois, a 30-minute interview at Pensacola Junior College, and our 24-minute Highlights video. This DVD is subtitled in English, Spanish, Chinese, Russian, Portuguese, and French. It also includes a wealth of DVD-ROM extras in PDF format and in several languages.

PEACE PILGRIM LECTURES DVD – This disk contains over three hours of video including talks given to students at California State University, a question and answer session with students at the University of Georgia, the Pensacola Junior College Interview, and the *PM Magazine* profile.

PEACE PILGRIM DOCUMENTARIES DVD – All of our documentaries are now bundled onto one DVD disk. Included are: both English and Spanish versions of *PEACE PILGRIM: An American Sage Who Walked Her Talk* (one hour). A professional quality documentary film, about Peace Pilgrim's life with much new historical footage and interviews, introductions to the "Sage" documentary in English and Spanish, and *THE SPIRIT OF PEACE*. (71 minutes) an earlier documentary featuring interviews with those who knew Peace Pilgrim and those who were inspired by her message.

We have discontinued our VHS videos but will continue to make them available until supplies are exhausted. Please contact us about availability. The "American Sage" VHS is out of stock.

OUR NEWSLETTER – To be added or removed from our newsletter mailing list, please contact us at the address below. All of our past newsletters as well as the *Peace Pilgrim's Progress* newsletters sent by Peace Pilgrim during the years of her pilgrimage, and the newsletter *Travesia en Paz (Peaceful Journey)* in Spanish and English are available on our website. You can access them at:

<http://www.peacepilgrim.org/news/index.htm>

Send Requests to:

**Friends of Peace Pilgrim, PO Box 2207, Shelton, CT 06484
or call (203) 926-1581 or email: friends@peacepilgrim.org**

“When you find peace within yourself, you become the kind of person who can live at peace with others. Inner peace is not found by staying on the surface of life, or by attempting to escape from life through any means. Inner peace is found by facing life squarely, solving its problems, and delving as far beneath its surface as possible to discover its verities and realities.”

Friends of Peace Pilgrim
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PEACE PILGRIM WALKED IN DES MOINES

Pilgrim for Peace Now Finds Herself On ‘Popular Side’
 Seattle Times – June 20, 1969

Peace Pilgrim is back – more optimistic than on her last cross-America hike to Seattle three years ago.

“I used to feel like a voice in the wilderness. Now I’m on the popular side,” she told a circle of silver-haired women at the Des Moines United Methodist Church.

“Congressmen are changing to peace positions. There’s a spiritual awakening. There’s a young people’s rebellion – violence is just an infinitesimal part of it. It’s a rebellion against war, against prejudice, against hypocrisy, against materialism.

“Let me tell you, I have trouble staying a penniless pilgrim. Once you get rid of material stuff, they pour it on you.” The solidly built, silver-haired woman has “25,000 Miles on Foot for World Peace” lettered on the back of her blue tunic. Her voice is rich and strong; she cups, steeples and points her hands as she talks.

Peace politely refused to give her

real name, age or much of her background. She said she is from a small town and has no near relatives.

She began living a simple life with few possessions 31 years ago and “I haven’t had a cold or headache since,” she said. “I’m the most secure person I know and I feel very rich.”

She began her walks for peace 15 years ago, she said, after she suddenly had a mental picture of her blue-slacks, blue-tunic costume and the Los Angeles – New York route she should follow.

“Religious people would say it was a calling from God,” she said. “Non-religious people would say it was my subconscious. A thing like that you interpret.”

Now and then she still sleeps with leaves or newspapers for cover or washes her only set of clothes in a stream. Her only possessions are a comb, pen and folding toothbrush, she said.