



Friends of Peace Pilgrim

A Non-Profit, Tax-Exempt, All Volunteer Organization
P.O. Box 2207 ☞ Shelton, CT 06484 ☞ (203) 926-1581
www.peacepilgrim.org ☞ email: friends@peacepilgrim.org

Fall 2005

"Overcome evil with good, falsehood with truth, hatred with love" - Peace Pilgrim

Number 46

Dear Friends of Peace Pilgrim

The months since our last newsletter have been busy ones for the Friends of Peace Pilgrim board of directors. At our June meeting at the home of our president Cheryl Canfield in Copperopolis, California we had a chance to see first hand the work being done to house our archives and study center at this beautiful location not far from our previous home in Somerset. A visitors' trailer is already in position on a knoll on the fifteen-acre property and work is nearing completion on the rooms that will offer office space and accessible storage for our library, archives, and study center. Cheryl's willingness to host this aspect of our work and offer the physical location necessary to maintain our California non-profit status has been a great and needed blessing. There is still a lot of work to be done but we feel we are well on the way to creating a harmonious and peaceful facility for our Peace Pilgrim study center and future retreats.

The big news of the summer is the upcoming move of our distribution activities from our temporary location in Placerville, California to Oklahoma City. After nine months of investigating a number of possible locations that spanned the continent, the organization and enthusiasm of local volunteers in Oklahoma combined with a facility that meets all the needs of processing and shipping our materials to friends all over the world, convinced us that this was the right place to relocate this most important aspect of our work. The move should be complete by the end of the year and your requests for Peace Pilgrim books, booklets, and materials will be coming to you from this new location in the heartland of America.

Peace Pilgrim was a frequent visitor to Oklahoma City. It was one of the cities she walked through on her first pilgrimage in 1953 and its "crossroads" location in the center of the country brought her back repeatedly over the years. She developed a strong network of support in the area and a number of those folks have been involved with the planning and establishment of our presence there. We have been offered free office space in a former college building not far from the city center. Our Oklahoma City volunteers have been getting the space ready for our arrival later in the fall and we are looking forward to a long and rewarding stay in this location.

The other major change in how we perform our work is the way we will process our mail. In the last five years we have had two address changes. Since our books are printed with our mailing address inside, many people continue to write to us at our previous locations in Hemet and Somerset. Current postal regulations allow for only one year of forwarding and we often hear of mail being returned as undeliverable



*Epworth Building in Oklahoma City
Our new office is on the second floor.*

from friends who later find our current address on the website. Friends of Peace Pilgrim board member, Bruce Nichols, has offered to be the clearing house for our mail. A new post office box has been established in his hometown, Shelton, Connecticut. Bruce has lived in Shelton most of his life and in the same location for almost thirty years. He offers us the stability of a mailing address that should remain unchanged for the foreseen future.

During her many years on the road, Peace Pilgrim's journeys took her from coast to coast and from border to border. It seems appropriate that Friends of Peace Pilgrim now spans the continent as we continue to carry the story of Peace's life and message to North America and beyond. At the end of the introduction to the book written in 1982 were these words: *"Free of earth, free as air, now you travel everywhere."* It seems that Friends of Peace Pilgrim is embarking on a similar transition. Thanks to the miracles of modern communication and the dedication of volunteers across the country our work has reorganized itself and will soon be conducted from locations spanning the continent that Peace Pilgrim crossed seven times on foot during her twenty eight year pilgrimage.

In Peace,

Cheryl Canfield, Bruce Nichols, Richard Polese,
Jeff Blom, Kathy Miller, and John and Ann Rush
The Friends of Peace Pilgrim Board

Every time you meet a person, think of some encouraging thing to say – a kind word, a helpful suggestion, an expression of admiration.

- Peace Pilgrim

Peace Pilgrim Library and Archives Update

by Cheryl Canfield

Preparations are underway for the relocation of the Peace Pilgrim library and archives to Peaceful Pathways Sanctuary, a 15-acre property with a seasonal lake and a geodesic dome that we affectionately call "the Peace Dome." The dome is the new home of my parents, Archie and Alice Canfield and myself.

The board of Friends of Peace Pilgrim had agreed that we would find a trailer to house the artifacts (for now in storage nearby) but we subsequently decided to remodel an old trailer already on the property. It has been quite an ambitious project to turn this shabby structure slowly into something inspiring and useful. What a great way to recycle and demonstrate "peace with the environment!"

The almost sole force behind this transformation is Archie (at 85 years old). His main helper is Alice, who is often by his side, as I am when not working elsewhere. He is doing an incredible job that started out with having to remove endless yards of electrical wiring and outlets all hanging from unfinished ceilings throughout the three-room trailer. An indescribably defunct bathroom, fixtures, pipes, etc., were torn out to make space in the main room. A new small bathroom will be extended out to the back as we continue. Floors and ceilings have had to be installed, broken windows and doors replaced, and lots and lots of painting.

As Archie puts it, "I'm doing my service." Both he and Alice are living examples of what Peace Pilgrim expressed when describing retirement: *Retirement should mean not a cessation of activity, but a change of activity with a more complete giving of your life to service. It should therefore be the most wonderful time of your life: the time when you are most happily and meaningfully busy.*



Archie and Alice in front of the beautiful banner (donated by Beth Nilges Nehamkin) on the wall outside of the trailer.

Oklahoma City Update

by Bruce Nichols



Oklahoma City volunteers in May 2005

In early May of this year, board members Richard Polese and I traveled to Oklahoma City, OK to meet with volunteers and tour the Epworth Building where we were being offered free office space for our distribution center.

Over the course of three busy days we were introduced to many new friends, spoke at a local Peace Pilgrim event, and at a regional event with environmentalist and peacemaker Julia Butterfly Hill. We enjoyed "Dances of Universal Peace", visited the site of the 1995 Oklahoma City bombing, and were impressed with the energy, enthusiasm and organization of our hosts.

When time came for a final decision on relocation, the choice was obvious.

As I write in mid-September, our new office is being renovated and painted by those same volunteers - spearheaded by organizer Sue Tarr, former Peace Pilgrim host Gerry Clink, and Lakshmi Ramgopal who helped with our move from Somerset to Placerville in March of this year.

We look forward to our move and the many new possibilities for our continuing work of making Peace Pilgrim's message available to all who ask.

Our New Addresses

After years of operating out of a single center, Friends of Peace Pilgrim will be spreading its wings and working from several locations. Here are our new mailing addresses.

Our primary mailing address for requesting Peace Pilgrim materials or to send donations will be in Connecticut.

Friends of Peace Pilgrim
PO Box 2207
Shelton, CT 06484-2207
Phone - (203) 926-1581

Friends of Peace Pilgrim is a 501(c)(3) non-profit corporation with our office of record in California. This is also the new home of our study center and archives.

Friends of Peace Pilgrim
4399 Buckboard Drive
PO Box 423
Copperopolis, CA 95228

Our email address remains the same and requests for materials or comments can be sent to us via email at: **friends@peacepilgrim.org**

Translating Peace Pilgrim into French

by Daniel Simard

In February of 2004 we received an email from Daniel Simard of Montreal, Quebec, Canada offering to translate the Peace Pilgrim Book into French for our website. The project took longer than anyone realized at the start but you can now read our book online in French or download a pdf file to read on your computer or palm pilot. Here's Daniel's story of how the translation came to be.

The online French version is a little example of the continuing inspiration that Peace Pilgrim is for people around the world, and especially for me. For this task, I constantly kept in mind one of her principles: set the priority on the really important things, over all those superficial activities that encumber our lives. So as soon as I had free time outside my work, in evenings, weekends, this was my priority. I also dedicated weeks of vacation to the process, and I would happily see the work progressing more rapidly in these full-time periods. There is not much to say about it, though; once decided, it just got on its way, steadily. But maybe I could relate how it all started up at a dinner conversation with my sister, Micheline:

Micheline - Daniel, what do you think of the Peace Pilgrim web site for which I have sent you the link?

Daniel - Well, it took me many weeks before I looked it up, as I was somewhat busy. I quickly browsed the web site and downloaded a document in French. And then I decided to download the English version to my handheld computer for the convenience of reading it at many places, and also because I prefer to read original versions. But I noticed something strange: the book that I downloaded in English was much longer than the document in French. So I went back and browsed the Internet site again and I realized there was a full book and also a shorter booklet. The booklet was translated into more languages than the book. And you know, it is odd, because the full book is available in Spanish, Portuguese, and other languages, but not in French. But to answer your question, I love the message, the great simplicity and deep spiritual truths of this woman, not involved with any religious group. Apparently, she had been widely known in the United States when she was walking over there, but I never heard of her before.

Micheline - It is disappointing that the book is not available in French. Even in these modern times, you would be surprised how many people cannot read English, and this is even more the case outside Montreal, like in the region where I work [Note: Quebec province in Canada is around 80% French, but the distribution varies: cosmopolitan Montreal is around 60% but elsewhere almost 100%]. I know plenty of people who would be interested in reading it, but who are French-speaking only. This is the case of our own mother... don't you think she would like to read it?

Daniel - You are right... (pause) I have an idea! Do you remember that company which seems to specialize in

translating spiritual books in French? May be you could write to them and ask them to translate this one too?

Micheline - This is an idea... (pause) but wait a minute: this is not possible!

Daniel - Why?

Micheline - Because one of Peace Pilgrim's important principles is that spiritual truth should not be sold, and all the people that have done something in relation to the English book or other translations did it on a voluntary basis. And this company would sell the book; this is a standard publishing company. (pause) But why don't you translate the book yourself? Your English is good, and this would be a way to do a valuable contribution. You will have no problem making an online Internet version, since you work with computers and Internet.

Daniel - Me? (expression of surprise)... But to translate, one needs to be perfectly bilingual! Of course, since I have been working with computers for twenty years, I have acquired a knowledge of English, but it is mostly on a technical level, plus day-to-day common language.

Micheline - But Peace Pilgrim is not advanced literature. It is simple spoken language. What is more important is to master very well the target translation language, which is your case.

Daniel - Well... (pause) OK! Here is the deal: I will translate the book but you will be the reviewer of my drafts, since your English is good too!

Micheline - Agreed!"

And that was it. I got started, translating chapter by chapter, and my sister would review the drafts. It went through many cycles. And when we considered it all done, a few more people good at both French and English agreed to review it, so it went through many other eyes and hands. The final step was to make the book available in various computer formats, and readable for the Internet. But as a web programmer, that was a task I could do without problem, that was a contribution I happily made, as it fell into the field I was working in. And then the FoPP webmaster agreed to integrate my pages into the Peace Pilgrim web site.

Thanks Bruce!

(You can view and read the French translation at:
<http://www.peacepilgrim.org/fr>)

SSS

**Live in the present.
Do the things you know
need to be done.
Do all the good you can each day
The future will unfold.**

- Peace Pilgrim

Peace Pilgrim Honored in Her Home Town

On July 12, 2005 a park in her hometown of Egg Harbor City, New Jersey was renamed and dedicated in memory of Peace Pilgrim. In attendance were her sister Helene and friends from near and far as well as many local citizens. The following account was written by local reporter Meggan Clark and is excerpted from the Press of Atlantic City.

EGG HARBOR CITY, NJ - In the nearly three decades she spent walking across the country to promote peace, few people knew the woman who called herself Peace Pilgrim was from Egg Harbor City. Even after her death, Peace Pilgrim's name and background remained largely a mystery. But that all changed Tuesday, when a terra cotta statue of the 1926 Egg Harbor City High School valedictorian was erected in the London Avenue park across from the Roundhouse museum.

The park is now "Peace Pilgrim Park." Surrounded by tiles made by Egg Harbor City schoolchildren, the statue was funded by grants and is the project of Smithville resident Barbara Reynolds. Reynolds said she was inspired when she discovered Peace Pilgrim's writing about five years ago. She conceived of the project when she realized many local residents had never heard of Mildred Lisette Norman Ryder, who grew up on an Egg Harbor City farm and began walking across the country to promote peace in 1953.

That's because Peace Pilgrim strove to remain anonymous and keep the public's attention focused on her message, said her sister, Helene Young. Even when she returned home, she did so incognito - as though her sister's home was just one of the hundreds that sheltered her over the years. Nonetheless, Young said she believes her sister, who died in 1981, would have approved of the likeness of herself dedicated Tuesday in Egg Harbor City.

Peace Pilgrim was a tiny white-haired woman with intense blue eyes and a riveting way of speaking. She carried only a map, a comb, a toothbrush and a pen in the pockets of her blue tunic. She slept in strangers' homes, when a bed was offered, and on the side of the road when one was not.

For nearly 30 years, she walked the country's highways and country roads, heading north when the weather was warm and south when the frost came. She walked from coast to coast seven times, getting jailed for vagrancy and being investigated by the FBI along the way.

By the time of her death in 1981, she had been interviewed by every major news outlet in the country at least twice. She had been compared to Mother Theresa, Jesus Christ and Mahatma Gandhi.

Asked where she came from, she revealed little to reporters.

To those she left at home, she wrote in 1953, "(tell journalists) you do not feel you should give personal information about me."

But last week, as Egg Harbor City dedicated Peace Pilgrim Park in honor of the woman who is arguably the city's most famous resident, her sister allowed a



Sister Helene Young and the Peace Pilgrim Statue at the new Peace Pilgrim Park in Egg Harbor City, NJ.

closer look at the woman who, until recently, was largely unknown in her hometown.

"She would be happy in the sense that it would carry on her message," said her sister, Helene Young of Cologne, Galloway Township, after the terra cotta statue of Peace Pilgrim was unveiled last Tuesday night. "The future generations are going to make peace in the world. This is our hope, to have her message brought to the youth."

The story of Peace Pilgrim is the story of a woman who underwent a complete transformation, from a wife, office worker and dancer to a prophet of peace who catalyzed hearts and minds across the nation and around the world.

Born Mildred Lisette Norman in 1908, she grew up on a poultry farm without electricity or running water. She was the valedictorian of the Egg Harbor City High School Class of 1926, and then went to work at the local glass plant and winery.

Mildred Norman wasn't cut from the same mold as most women of her generation, according to her sister.

"She was finding that the life she was living wasn't bringing any meaning," Young said. "She wasn't 'called into the family pattern,' as she said. She was drawn to do something else."

In newspaper interviews, Peace Pilgrim said she spent 15 years mentally preparing for her pilgrimage, the last five of that getting rid of all her worldly possessions and obligations. She had discovered, she

said, that it was easy to make money, but making money and spending it on worldly things did little for her spirit.

In 1952, she became the first woman to walk the Appalachian Trail from beginning to end in one season.

On January 1, 1953, she set out from California on foot, determined to walk across the country on a "pilgrimage for Peace."

"Dear Helene and all my friends back home," she wrote on Jan. 22, 1953, "When I last wrote to you, I was Mildred Ryder. Now I am Peace Pilgrim."

"Many of her family and former friends actually rejected her," wrote Young's husband, Gene. "She was no longer the Mildred they knew, and therefore beyond their comprehension."

Helene Young said she always supported her sister's pilgrimage, although she did not understand its impact until after Peace Pilgrim's death in a car crash on July 7, 1981 while being driven to a speaking engagement near Knox, Indiana.

"I always knew where she was in advance," said Helene Young, who collected her sister's mail from the Cologne post office and forwarded it to her for nearly 30 years. "I had her schedule for six months ahead when she died."

Sometimes, Helene Young said, Peace Pilgrim had a half-dozen or more speaking engagements per day.

After her death, services were held for her in towns and churches she had touched across the country. The Cologne Post Office was flooded with mail.

"I really had no idea of the impact she had on these people," Young said.

She said she still doesn't know who made Peace Pilgrim's navy blue tunics, or who bought her shoes. She can't remember the name of the woman in Philadelphia who dedicated her basement to Peace Pilgrim's newsletter.

After her death, Peace Pilgrim's message carried on. Friends of Peace Pilgrim have offered books and booklets and published a newsletter for roughly two decades. A statue of her was installed at the United Nations University of Peace in Colon, Costa Rica, in 2000.

After learning that Peace Pilgrim's mail had been sent to the Cologne post office, Barbara Reynolds inquired there and learned that sister Helene Young lived almost next door.

"I was just amazed that no one knew she was from here. When I found out I felt that the whole world needed to know," Reynolds recalled. "I think she was the equivalent of Mother Theresa or the Dali Llama."

Louisa Butterhof Mazetis was one of the Egg Harbor City natives who joined a large crowd for the dedication.

"I want to show respect for the Peace Pilgrim," she said. "What she said was true."

Helene Young is pretty sure that, even though Peace Pilgrim always wanted the focus on her message and not herself, she would be pleased with the memorial in Egg Harbor City.

"As long as this does something to carry on her message, she would be happy," Young said.

Department of Peace Initiative

During her first pilgrimage in 1953, Peace Pilgrim carried three petitions. One of those called for the creation of a cabinet level Department of Peace in the federal government. It read: *"This is the way of peace, overcome evil with good and falsehood with truth and hatred with love. We plead for the establishment of a Peace Department, with a Secretary of Peace who accepts these principles--and with all conflicts at home and abroad to be referred to this Peace Department."*

On September 14, 2005 a bill to create an executive branch Department of Peace was introduced by Congressman Dennis Kucinich of Ohio with 56 co-sponsors.

The primary function of a United States Department of Peace will be to research, articulate and facilitate nonviolent solutions to domestic and international conflict.

The Department of Peace will facilitate the most cutting edge ways to wage peace. From nonviolent communication skills, to conflict resolution techniques and cultural relationship building, the Department of Peace will employ proven and effective strategies for diminishing violence in our country and in our world. As a member of the President's cabinet, the Secretary of Peace will provide the President; the State Department; the Departments of Defense, Education and Justice with greatly expanded problem solving options. The Department of Peace will also provide support for state and local government to address issues of domestic violence.

Some of the functions of the new department would be:

To reduce domestic and international violence

To gather and coordinate information and recommendations from America's peace community

To teach violence prevention and mediation to America's school children

To effectively treat and dismantle gang psychology

To rehabilitate the prison population

To build peace-making efforts among conflicting cultures both here and abroad

To support our military with complementary approaches to ending violence

To establish a "Peace Academy" to train future leaders in the theory and practice of peace making

For additional information visit:
www.thepeacealliance.org

Letters and Email

From the Ozarks

Since I've come across "Peace Pilgrim - Her Life and Work in Her Own Words" two summers ago I've been a big fan of Peace. Last summer I watched the Documentary from the website several times. I now live in an area where my only option is a poor modem connection on which viewing the documentary is no longer possible. □

The above-mentioned book is literally my most important business text, as I have recently opened a little general store in a tiny town in the Ozarks. Her life and spiritual example of living to the highest good has impacted my life greatly and still does. I have grown to feel so connected to her and regularly seek her counsel by reading her words. □

The documentary is phenomenal and my heart and soul is longing to watch it again. I wish I knew her when she was alive ... but her spirit (in the context of her words and life) came to me at a perfect time. □

Thank you, Tina

From Hubbard, Kentucky

I use to say, I heard about Peace Pilgrim by accident....but I have learned lately thru my searching and hunger for a different appreciation of each day and each present moment....all are divine appointments....for me to choose the right path.....I have been touched so much by "Peace Pilgrim" and what she stood for and the struggle she had in choosing and hearing God's perfect design for her.....I really would like the book..... I have always felt a hunger for peacenot knowing what is was.....other than stillness and the absence of trouble and turmoil.....but I know it is more.....how often I've shared with those around me, and come home and say, "Molly, you can tell it, why don't you feel it" Feeling peace inside is good....but working for the common good of all, is peace, in your attitude, daily, your smile, your words, your thoughts.it is a progression to bring us to peace....then and only then can you bring peace to the world.....I cannot walk as Peace Pilgrim did....it was her calling, but as I walk daily.....the paths for each day, I will walk and talk peace.....what a blessing.....thank you for your gift.

Blessings and Peace to all of you, Molly

From Florida

Thank you so much for sending this book to people. I had it years ago and now it is gone and I would so much love to read it as I had not finished it. Her words inspire me so deeply to go beyond my limiting thoughts to a much bigger and better and love-filled place. What a blessing her life continues to be for us all.

Please send the book to: Bobbye

From Northern Ireland

I have just read the amazing story for the first time about Peace Pilgrim. I was born and brought up in a war zone for over thirty years. I know so many people in my country who have needlessly died or been maimed by war. I would really love to learn more about Peace Pilgrim. She was a truly astonishing woman.

□ I am a pacifist and know that the only way forward for human kind is to realize that war only creates more war and heartache and unless stopped is an endless circle of destruction.

□
Jennifer

Lessons on the Path to Peace

by Brandon Wilson

Our friend Brandon Wilson has walked many of the traditional pilgrimage routes in Europe as well as from Lhasa, Tibet to Kathmandu, Nepal, a journey of 1000 kilometers. You can learn more about his travels at www.yakbutterblues.com.

Be trusting. Have faith that the path knows where it's going--even if you don't.

Be generous. Travel lightly. All in life is a gift. What you don't need, give away.

Be kind. On the path, even the smallest word of encouragement makes a difference.

Be humble. Walking on dirt is easier on the feet than walking on pavement.

Be human. There is no harm in getting lost--only in staying lost.

Be a friend. Folks along the way impact your life, if just for a moment. All too soon they leave to follow their own path. Don't resent this. Bid them good journey. Thank them for their gift.

Be content. Savor the small victories along the way.

Be grateful. Even the smallest things on the path are either a gift or lesson.

Be flexible. Sometimes trails just vanish. That doesn't mean you've lost your way or were on the wrong path -- only that there's a different one now.

Be hopeful. Tomorrow is another day waiting with the possibility of success.

Be happy. Laughter and song are nature's tonic for adversity.

Be aware. It is the journey that ultimately matters, not the destination.

Above all else, love all living things on the path. Love God, your fellow travelers, and yourself.

Offerings from Friends of Peace Pilgrim

Dear Friends of Peace Pilgrim: Here are publications we offer. While we do not charge for these, many ask about sending a donation. You will find the approximate cost for materials and postage after each item. Friends of Peace Pilgrim is an all volunteer 501(c)(3) non-profit organization. Donations and bequests are welcomed and tax-deductible. All money goes directly to our work, helping us to continue producing and distributing materials to all who ask.

PUBLICATIONS

PEACE PILGRIM: Her Life and Work in Her Own Words (Standard Edition), 224 pages. Compiled by five of her friends after her transition in 1981. Our printing and postage costs: \$3 for one book. \$2.25 for each additional book. Full Carton (currently 40 books) \$80.

PEACE PILGRIM (Compact Edition), 224 pages. This book is the same as the Standard Edition except smaller. Our cost: \$2.25 for one book, \$1.50 for each additional book. Full Carton (currently 48 books) \$60.

PEREGRINA DE PAZ: Su Vida Y Obra en Sus Propias Palabras, 216 pages. (Spanish edition of *Peace Pilgrim*) Our cost: \$3.50 for one book, \$3 for each additional book.

STEPS TOWARD INNER PEACE, 32 pages. Peace Pilgrim relates her own steps toward inner peace and gives ideas for working for world peace. Our cost: 1-4 copies, 50 cents each. Additional copies, 30 cents. Box of 100, \$27. Box of 500, \$125.

(*Steps Toward Inner Peace* is also available from the Center in Spanish, Chinese, Arabic and Hebrew. Please call or write for information.)

PEACE PILGRIM'S WISDOM: A Very Simple Guide by Cheryl Canfield, 224 pages. Includes 365 quotes from Peace Pilgrim – one for every day – and a study guide by Cheryl offering suggestions to help integrate these simple spiritual truths into your life. Our cost: \$5 each.

PEACE PILGRIM, An Extraordinary Life by Ann Rush, 16 pages. Peace Pilgrim's life is traced from her ordinary beginnings through a transformation to a life of unusual commitment. Our cost: \$1.50 each.

THE PEACE PILGRIM COLORING BOOK. 26 large pages by Barbara Werner and Gary Guthrie. Our cost: \$3 each.

AUDIO CASSETTES

CAMPBELL HOUSE, 1959 (90 minutes). A talk that is representative of her message. It also has a brief radio interview the day before she died. Our duplicating and postage costs: \$3 each.

SALT LAKE CITY, 1955 (60 minutes). Recorded two years after her pilgrimage began. A gentle talk to a small group in a friend's home. Sue Millard, sings a song composed by Peace Pilgrim. Our cost: \$3 each.

DALLAS CHURCHES, 1979 (60 minutes). Two talks representative of her vigor, joy, and audience rapport. It also has a song composed by Peace Pilgrim, sung by Don Wittig, and Peace Pilgrim's energizing song, "The Fountain of Love." Our cost: \$3 each.

PEACE PILGRIM'S SPIRITUAL GROWTH

(67 minutes). The sound track of the first hour of the "Speaking to a College Class" video. At the end of Side B, Peace Pilgrim relates one of her prison experiences. Our cost: \$3 each.

STEPS TOWARD INNER PEACE. Our little booklet in its entirety on audio tape! Narrated by Ann Rush. Our cost \$3 each

PEACE PILGRIM BOOK AND STEPS ALBUM.

Eight audio cassette series narrated by Ann Rush. Our cost: \$18.

VIDEO CASSETTES

INTERVIEWS OF PEACE PILGRIM (62 minutes).

Includes a short TV program from *PM Magazine*, an interview for WIFR-TV in Rockford, Illinois, and a 30-minute interview at Pensacola Junior College. Our cost: \$6 each.

ANSWERING QUESTIONS (55 minutes). Peace Pilgrim in an interesting question and answer session with students in Applied Psychology at the University of Georgia, 1977. Our cost: \$6 each.

SPEAKING TO A COLLEGE CLASS (2 hours). Peace Pilgrim speaking at California State University in Los Angeles. A good tape for those who want a more in-depth study of Peace Pilgrim's message. Our cost: \$8 each.

SPECIAL 30 MINUTE VIDEO. Highlights of other videos selected for showing to new audiences. Peace Pilgrim tells a few of her most interesting experiences. Our cost: \$5 each.

THE SPIRIT OF PEACE. (71 minute documentary).

Interviews of those who knew Peace Pilgrim and those who were inspired by her message. Our cost: \$8 each.

PEACE PILGRIM: An American Sage Who Walked Her Talk (approximately one hour). A professional quality documentary film, about Peace Pilgrim's life. Includes much new historical footage and interviews. Our cost: \$8 each.

BACK ISSUES OF OUR NEWSLETTER. Printing and postage costs, 50 cents each. Inquire about availability.

Send Requests to:

Friends of Peace Pilgrim, P.O. Box 2207, Shelton, CT 06484, USA
Or call (203) 926-1581 or email: friends@peacepilgrim.org

Peace Pilgrim In Visit Here

50 Years Ago

From The News-Herald
Oct. 19, 1955
Hutchinson, Kansas



BRIEF STOP on a 10,000-mile hike Peace Pilgrim.

Hutchinson was visited briefly Tuesday by a gray-haired, peace-minded woman who calls herself Peace Pilgrim, and is set on hiking 10,000 miles.

The woman, who dresses in dark blue, says she carries nothing with her but a comb and toothbrush, some copies of her message plus at the moment some unanswered correspondence. All this goes in the pockets along her hand-sewn tunic, emblazoned across the back with the legend, "walking 10,000 miles for world disarmament," and across the front simply "Peace Pilgrim."

"Women always wonder if I have a change of clothes with me - I don't," she said when asked by a man who also wondered. "I just wash out what I'm wearing and put it on to dry. That's the quickest way."

In 1953, when she became a pilgrim for the cause of world disarmament 15 years after finding "inner peace", she walked 5,000 miles.

In 1954 she walked such a little bit, she said, that she doesn't even count it. This year she's planning to walk 100 miles in every state - in Kansas it will be from Abilene to Topeka next weekend — plus a few miles to make up her 10,000 miles goal.

Peace Pilgrim, who said she never accepts money for the talks she gives, came into Hutchinson with a very pleasant truck driver and his son. She will speak Friday night at McPherson.

MAGIC FORMULAS: There is a magic formula for resolving conflicts. It is this: *Have as your objective the resolving of the conflict, not the gaining of advantage.* There is a magic formula for avoiding conflicts. It is this: *Be concerned that you do not offend, not that you are not offended.*

Steps Toward Inner Peace – Page30

Friends of Peace Pilgrim
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Shelton, CT 06484

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