



# Friends of Peace Pilgrim

A Non-Profit, Tax-Exempt, All Volunteer Organization  
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Spring 2004

“Overcome evil with good, falsehood with truth, hatred with love” - Peace Pilgrim

Number 42

## Dear Friends of Peace Pilgrim

Our friend, Gail, is passionate about human evolution – physical, moral and spiritual evolution.

I introduce Gail as “our” friend because she is a long time supporter of Friends of Peace Pilgrim. Her generosity provided hardbound Peace Pilgrim books for every library in the United States. She funded the production of the documentary, *Peace Pilgrim, An American Sage Who Walked Her Talk*. When I asked her if I could write about her contributions, she said, “That’s not important. Write about immaturity instead.” But Gail is a friend to each of us and I’d like you to know a little about her.

At 100 years of age, Gail is our number one volunteer. I take the work to her home. When we moved to Somerset, we had thousands of books imprinted with our Hemet address. Gail carefully and patiently affixed new labels over the old addresses, sometimes 2 or 3 per book.

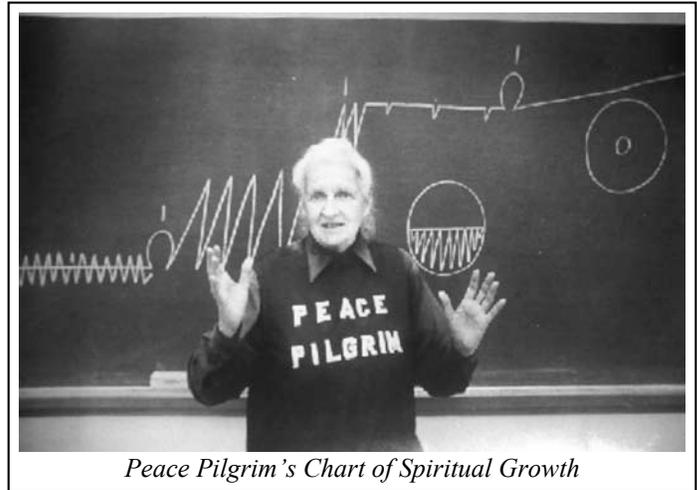
In September and December she folded, addressed and stamped more than 600 newsletters for our international mailing list. Each letter was sent with her love and gratitude. This is just a small sample of the many projects Gail has done for us.

Each Wednesday I leave Somerset and drive the 45 miles to Gail’s house. It takes me about 75 minutes, one-way. First I stop at the local post office with a load of packages to be mailed. 20 minutes later, when I reach Placerville, I make a bank deposit. Twice a month I visit the Senior Day Care Center to lead the participants (most of whom have Alzheimer’s Disease) in song.

Then I leave the city and drive through the rolling foothills of the Sierra Nevada Mountains and along the American River. Sometimes I stop and eat lunch overlooking the river in the park at Coloma.

I take this journey every week because Gail and I have become precious friends. While she radiates peace and harmony, she also awakens, inspires and stimulates an awareness of human potential. Her passion about moral and spiritual evolution fills the room. I can almost hear Peace Pilgrim joining in, talking about spiritual growing up and the very, very important inner peace.

Peace Pilgrim named immaturity as the number one cause of our problems. Then she gave us her steps toward inner peace to show how she herself matured. When she talked to a college class, she drew a graph of her spiritual growth on a chalkboard. She prefaced her drawing with these words:



*Peace Pilgrim’s Chart of Spiritual Growth*

*“When I realized what human potential really was, what people really are capable of, I looked around me and I said – how sad that most people only scratch the surface of their potential. No wonder they have problems. No wonder society has problems. And I started talking about human potential and society’s potential. Because, of course, the situation in the world around us is always a reflection of the collective inner situation. And so I would like to draw a graph.”*

Our friend, Gail, likes to talk about consciousness and the power of our thoughts to make a better world. She encourages us to live according to our highest potential. She sends her love.

Grace, Peace and Love,  
Kathy Miller

### INSIDE #42

The Rushes in New Hampshire .....	2
Canadian Pioneers .....	3
Another Peace Pilgrim Song .....	4
Featured Offering .....	4
Thoughts from a Pilgrim Trail .....	5
On the Road - Current Pilgrims .....	5
Letters and Email .....	6
Offerings .....	7
Peace Pilgrim in History .....	8

## The Rushes in New Hampshire

*an update by Bruce Nichols*

*Most of our long term friends will probably have interacted with John and Ann Rush at some time during the 18 years they answered mail, received phone calls, and shipped books and booklets from the original home of Friends of Peace Pilgrim in Hemet, California and more recently from our current location in Somerset. For some of our newer readers and friends this may be a first introduction to John and Ann – two of the five compilers of The Peace Pilgrim Book and the heart, spirit and hands of Friends of Peace Pilgrim for the first two decades of our existence. In July of 2003 they left California to live closer to family. They continue to offer sage advice and serve on our board of directors.*

Outside the little blue house on Quaker City Road snow lies deep under a gray February sky. The air temperature hovers around freezing and the forecast is for readings in the low single digits before the next day dawns. Inside a warm fire crackles in the modern wood stove as John swings open the door to add another log. I am visiting the Rushes in the home in Quaker City near Charlestown, New Hampshire they have occupied since departing California. A hundred yards away down a snow covered driveway, the Rush's daughter Erica and her husband Albert live in a snug Swiss-style chalet built by Albert with the help of John some 20 years ago.

On the kitchen table a box of avocados seems a bit out of season with snow views in all directions. But anyone who has shared a table with the Rushes will know that this California fruit has been a luncheon staple for John and Ann from their early days in Hemet. Another table in the sitting area not far from the wood stove is covered with "Steps"



*The Rush Home – 261 Quaker City Road*

booklets, Friends of Peace Pilgrim newsletters, correspondence, and other related materials reminiscent of the large display case that filled one wall in the living room of 43480 Cedar Avenue in Hemet.

This is my fourth visit with the Rushes in New Hampshire. The first took place in 1999 when they were back east on a visit from Hemet. On that occasion I met Erica and Albert for the first time and got to visit the 1820 Quaker Meeting House a half mile down the road where John and Ann now attend the Sunday meeting.

I've now visited in all seasons – from the lush greens of summer to the dazzling brilliance of fall foliage and most recently during the stark and snow covered days of winter. While the seasons have varied the pleasure of visiting both John and Ann and their family has remained a constant.

Our conversations range across a broad spectrum of subjects: recent happenings at the Peace Pilgrim Center, current affairs, spiritual journeys, the activities of friends and family. We share a meal together. Sometimes I stay overnight either pitching a tent behind a row of tall pines on the property or sleeping outdoors on the deck at the Pfister's. As in the Hemet days, I always feel welcome and enjoy my visits.

On my most recent visit we talked about their new life in New Hampshire – its charms and challenges. Both John and Ann have been dealing with major health issues. Ann continues to be challenged by vision problems related to cataracts and glaucoma. John is recovering from a fall that resulted in a leg fracture. But both have positive attitudes and continue to be involved with life and their new community.

They also told me of a peace rally attended last fall in the New Hampshire capital, Concord. There they met Doris Haddock, also known as Granny D, who became famous for her walk across America in 1999 at age 89 in support of Campaign Reform. Her decision to do that walk had been inspired by her reading of the *Peace Pilgrim Book*.

Ann mentioned how delighted Granny D was to meet the people who were responsible for its publication and kept telling the reporters who clustered around her that they needed to also speak with the creators of "that wonderful book".

After lunch I asked John and Ann to recount their first meeting with Peace Pilgrim. The following is a transcript of that conversation.

### Rushes Interview:

**Bruce** - So, I know you've told me before, but could you relate again how you first met Peace Pilgrim in 1957.

**Ann** – It all started in Tracy CA when three families decided to move to Canada to raise our children away from the cold war mentality of the US in the 50's. We found some land in Argenta, British Columbia and moved there. All of us had been inspired by a booklet about Gandhi – *Gandhi as a Social Revolutionary*. We took a teacher so the one room school house could be opened for our children. Another couple, the Valentines from Salt Lake City joined

the group. They had hosted Peace Pilgrim in 1955. The Salt Lake City audio was made in their home during her second pilgrimage.

**John** – We had not heard the tape before we met her in 1957.

**Ann** – That’s why Peace Pilgrim came to Argenta. The Valentine’s had invited her to come.

**John** – I don’t know how she knew the Valentine’s were there but somehow she knew.

**Ann** – So the whole Friends meeting in Argenta met with her. (The Valentines were also Quakers). We heard her speak for the first time on the shores of Kootenay Lake. I was so impressed as were the others – that here was a person who believed as we did. We went there to live more simply and peacefully. To find someone who was so totally devoted to this was a great thrill.

**John** – After she talked I said to her, “Why are you traveling like this. I’ve read other spiritual masters and you are not saying anything new.” She admitted it wasn’t more knowledge that was needed but practice.

**Ann** – I was very unhappy at her for not staying longer. She was just there for one talk and left the next day. On this occasion she stayed with her friends from Salt Lake. We took her to the ferry the next day. It meant a trip into town to where the ferry docked. We liked to have an ice cream when we went into town and didn’t think Peace Pilgrim would want one, but she did.

**John** – We gave her a quarter for the ferry because that was what it cost to go across the lake. We both recognized the quality of her message.

**Ann** – I was mad at her for not staying longer. But she had other engagements. This was the only time we saw her in Canada.

**John** – From Canada we went to Georgia. We were on her mailing list and received her newsletters. And then we spent some time in Pennsylvania with another group and saw her there and also in Kansas. I think we met her eight times in various places. We would arrange her speaking schedule when she came to where we were. Finally we moved back to California. The last time she was with us in Whittier we had over 100 speaking engagements for her in the Los Angeles area. The back yard tape was done there. That was the prototype for what we envisioned as gatherings with Peace that would be done in subsequent years.

After our conversation I asked John and Ann what they missed the most in their new location. They said it was the steady stream of interesting visitors who had flowed through the Peace Pilgrim centers in Hemet and Somerset. I’m sure they would love to hear from you.

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## A Path of Service

### The biography of John and Ann Rush

*Gary Guthrie a long-time volunteer at Friends of Peace Pilgrim and the author of the Peace Pilgrim Coloring Story Book for Children has written a short biography of the*



*John and Ann Rush in their New Hampshire home.*

You can write them at:

John and Ann Rush  
261 Quaker City Road, Charlestown, NH 03603  
email - johnrush@valley.net

*Rushes. It is available in printed form or can be read or downloaded from the website. Here is a short excerpt:*

## Canadian Pioneers

John was investigated by the F.B.I. in 1951 for having signed a peace petition to stop the war in Korea. John Stevenson, his neighbor, was told he had to sign a loyalty oath before being allowed to drive a school bus. They found these intrusions into their lives intolerable. For these reasons, and to avoid both the materialism and militarism in the United States, the Rush family joined three other families in purchasing several acres in the backwoods of Canada and moved there. Ironically, the year was 1953, the same year Peace Pilgrim began her pilgrimage for much the same reasons.

The land these pioneering families purchased was in British Columbia, at an abandoned silver-mining town, called Argenta. It was on the shores of Kootenay Lake, ninety miles north of Nelson. The Rush family spent a total of six years here in the 1950s and 1960s. It was an ideal place to raise a family in a peaceful, idyllic setting, amid the beauties of nature - the rivers had good fish; there were beautiful, pristine lakes and snow-capped mountains.

John worked with friends and neighbors constructing two-story homes out of logs, building a bridge, and constructing a schoolhouse for the children. Ann also enjoyed being a pioneer and living without electricity, using wood-burning stoves and a flume for refrigeration of their food. It was the opposite of her youth in Kansas City, growing up with part-time servants and maids.

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*The website version of the entire biography can be found at [www.peacepilgrim.org/FoPP/htm/path.htm](http://www.peacepilgrim.org/FoPP/htm/path.htm)*

## Another Peace Pilgrim Song

Those of you who have seen the documentary *Peace Pilgrim: An American Sage Who Walked Her Talk* have heard another wonderful Peace Pilgrim song that was used as a theme in that production.

**Peace Pilgrim** a song by Shelley Koffler

*She called herself Peace Pilgrim  
She walked this land for peace  
Over 25,000 miles, she walked alone  
with no possessions but the clothes upon her back  
No money in her pocket yet nothing did she lack*

*She walked until given shelter and fasted until given food  
Though others may have judged her, she judged no one  
Looking upon all with the single heart of compassion*

*She said, I shall remain a wanderer  
until my brothers have learned,  
my sisters have learned the ways of peace  
I shall remain a wanderer  
until humanity has learned the ways of peace*

*She called herself Peace Pilgrim  
She saw the spark of good in every person  
She left behind a legacy of simplicity and love  
And every step she took was for this world  
we're dreaming of  
Powered by an inner strength that  
comes from above, from above*

*She said, I shall remain a wanderer  
until my brothers have learned,  
my sisters have learned the ways of peace  
I shall remain a wanderer  
until humanity has learned the ways of peace*

*Peace Pilgrim are you wandering still  
through the highlands of your heaven world  
Or are you traveling with me on this journey  
from darkness to light  
Whispering walk in love  
and love will set you right, set you right*

*She said, I shall remain a wanderer  
until my brothers have learned,  
my sisters have learned the ways of peace  
I shall remain a wanderer  
until humanity has learned the ways of peace*

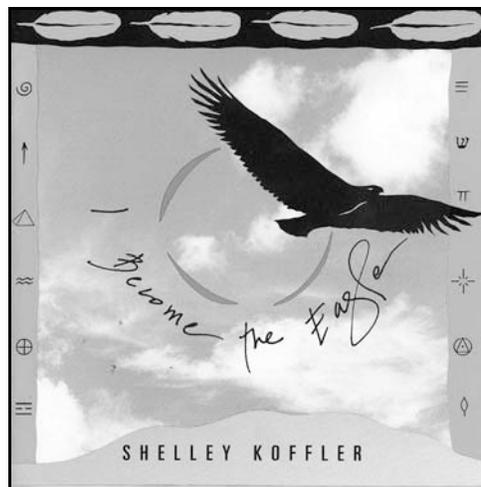
*She called herself Peace Pilgrim  
She walked this land for peace  
Peace Pilgrim, Peace Pilgrim.*

Shelley is a performer based in Baltimore, Maryland. The Peace Pilgrim song appears on her album "*I Become the Eagle*" as does another song, "*Breath of Life*", that is also

featured in the documentary.

Shelley wrote the song *Peace Pilgrim* in 1991, after first reading about Peace Pilgrim. She comments, "I was so amazed and deeply inspired by Peace Pilgrim that I had to write a song to share this incredible woman's story with others."

One of Shelley's distinguishing features as a musician is her ability to deeply inspire and energize an audience. Her recordings touch joy, sorrow, exhilaration, peace and the whole range of human emotion.

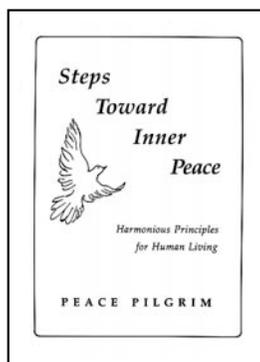


Shelley's CD – *I Become the Eagle*

You can listen to Shelley's Peace Pilgrim song on the Peace Pilgrim website. The entire documentary can also now be viewed online. Shelley offers her CDs on her own label, Spotted Fawn Music, P.O. Box # 65274, Mt. Washington, MD 21209. For more information visit her website:

<http://home.earthlink.net/~shell8/shelleykofflermusic/>

## Featured Offering



### *Steps* "Bookshelf Edition"

Many people do not know that our little blue classic *Steps Toward Inner Peace* is also available in a "bookshelf edition". At seven inches tall by five inches wide it is almost twice as large as our pocket

sized "standard" version. Almost a quarter inch thick, it also has the title printed on its spine and can be easily identified as it sits among other volumes on a bookshelf. The text is identical to that in our standard booklet.

## Thoughts from a Pilgrimage Trail

by Brandon Wilson - Kihei, Hawaii

I recently completed walking the Via Francigena, a pilgrim's path dating back to 800 AD. This 1000 mile journey was a culmination of a personal dream to walk from Canterbury, England to Rome.

If anything, walking alone along those country roads gave me time for contemplation. Originally, I thought this would be a walk for "peace", a rather altruistic notion in the climate of fear in which we all now live. However, along the way, as I meditated on the issue of peace, I was led to consider the reasons for its lack in the world.

As a "pilgrim" traveling with my home upon my back for nearly thirty days, I was reminded of the basic human needs that we as Americans often take for granted.

When I arrived in a small village at 11:30 pm, after walking nearly 50 kilometers, I found the two hotels there "complet", the lights of the town shut off, and no place to sleep. As I sat shivering on the church steps awaiting the town to reopen in the morning, I thought of all the people of the world, including as many as 32 million of my countrymen, who spend each night in similar frigid discomfort.

Another day, I walked 10 kilometers between villages in the hot sun without water, only to arrive at a village with no restaurant, bar, cafe or public fountain. I was reminded of the millions of others throughout the world who must make a similar trek each day to find drinkable water, then often carry it home again upon their heads.

Other days, I would walk hours in search of food, only to arrive and discover the one store in town closed, with no restaurants to be seen. I felt in a very visceral way the sufferings that millions of my fellow Americans and others feel each and every night when they go to bed hungry.

And after nearly thirty days on this trail, as I limped along shifting weight from one blister to the other, perhaps in a small way I felt the suffering that 41 million Americans must cope with each day because they do not have or cannot afford health insurance.

My point? If we are to reduce suffering in the world, we need to assure that the basic needs of people are met. Until we make sure people are warm, safe, fed, clothed, have medical care, are educated, and are assured basic human rights, there will be cause for unrest and conflict.

Whether Christian, Jew or Muslim, it is time to turn our teachings into action and truly turn bombs into plowshares. Only through such action can we assure a safe future for the generations who follow.

This message is simply what one "pilgrim" perceives as a global imperative as the world suffers the effects of another war. It is a simple revelation after many days, miles and struggles on the road.

For in many ways, we are all pilgrims, each on his or her own path. I implore you to take a moment, look within and discover these truths for yourself. For the truth will truly set us all free.



## On the Road - Current Pilgrims

**Doris "Granny D" Haddock** – Inspired by Peace Pilgrim to do a cross-country walk for campaign reform, Granny D began her walk on Jan. 1, 1999 in Pasadena, California at the age of 89. She walked 10 miles per day for 14 months, arriving in Washington, D.C. on Feb. 29, 2000. Now at age 94 she is on the road again – this time traveling by motor home to encourage voter registration and continue her campaign to take big money and special interests out of the American electoral system. In a recent talk she spoke about "the real security of our nation... depends on the progress of its people, the protection of its real homeland: its mountains, its air, its forests, its water, and its people and their development to their highest potentials.... The forces of greed would not have us vote. They would rather we wallow in despair; rather that we complain that voting does no good. It is our democracy. Our schools. Our lives. So let's show them that we are alive enough to defend our futures against their oppressions, that we are alive and we make a rukus." The Granny D website offers additional information.

[www.grannyd.com](http://www.grannyd.com)

### Jean Béliveau: Walk for the Children of the World

On August 18th, 2000, at 9:00 am, Jean Béliveau left Montreal, Canada. His goal is to walk around the planet to promote "Peace and non-violence to the profit of the children of the world". He is traveling alone with a three-wheeled stroller to carry a bit of food, his clothing, a First Aid kit, a small tent and a sleeping bag. Jean plans to walk across all the continents, from North America to South America, then across to South Africa, up to Europe, then the Middle East, South and Eastern Asia, Australia, New Zealand and finally back to Canada. The journey will take 10 years to complete which is in accordance with the United Nations proclamation: 2001-2010 - International Decade for a Culture of Peace and Non-violence for the Children of the World. Jean has walked over 23,000 kilometers (14,000 miles) in the last three and a half years. He is currently walking north through Africa. For photographs, route information, and reports of his walk visit the website.

[www.wwwalk.org](http://www.wwwalk.org)

### Steps for Peace

#### A Walk across America by Jonathan Mieur

Inspired by Peace Pilgrim, Jonathan walked from his home in Maine to San Francisco, California in 137 days. He began in October of 2003 and finishing on February 29, 2004. Like Peace Pilgrim, one of Jonathan's goals was to support the establishment of a cabinet level Department of Peace. At the end of his walk, Jonathan said that this country and its people had "taught me to love. I have been on the receiving end of a beautifully rich stream of blessings these past four and a half months, and have been attracted and wooed by this country's capacity to love fully and completely." More about the walk can be found at the Steps for Peace website.

<http://oneplanet.us/walk/>

## Letters and Email

Dear Friends of Peace Pilgrim

Hello, how are ya'll? I hope just Well & Fine! I write you folks today, as I seek yet more inspiration, from the Peace Pilgrim. I read what Bo Lozoff sent me, the little spiritual classic three times. Each time I get something new from the little pamphlet. Now I am ready to really indulge. I would feel blessed if I could receive *Peace Pilgrim: Her Life and Work in Her Own Words*. Ordinarily I would enclose a check for twenty dollars, but the county jail system has a problem with me having money in their jail. I may be here a while, so feel free to send any correspondence you can or want.

God Bless you all,  
W. R. – a Texas Prisoner

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Dearest Friends of Peace Pilgrim,

I hope this letter finds you in peace (mind, bod, spirit). I just finished reading the Peace Pilgrim... What a jewel! I wrote the Human Kindness Foundation requesting any free literature they could spare and in return received (The Peace Pilgrim). I am an inmate of the county jail. My incarceration is due to a probation violation – I used drugs. I have been battling addiction for the past ten years. I feel that my addiction is the result of Inner Discontent. This is why I am utilizing this time period to establish a spiritual foundation that is more sound and true. I need practical simple truth.

The Peace Pilgrim was a diamond in the rough. What a wonderful soul.

J.P. – a Pennsylvania Prisoner

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To Whom It May Concern:

First of all, I want to thank you for your priceless blessing and prayers. It is truly humbling to be the recipient of so much love. I was inspired by the Peace Pilgrim *Steps Toward Inner Peace* booklet. And I must say that the “Magic Formulas” for resolving conflict WORKS LIKE MAGIC! I have a long hit to do yet.

The Peace Pilgrim spoke to my heart. It has helped me resolve conflicts as well as negative feelings, giving me a better outlook on life. Thank you again.

I am asking if I could please be sent the *Peace Pilgrim Book* and the booklet *Steps Toward Inner Peace*. It so happens that I wanted to bless someone else with it and now I need the energy it gives out. I have no cash to send at this time but will keep you in my prayers. Thank you.

Another Texas Prisoner

**We Welcome your letters and stories and are especially interested in receiving personal accounts from people who met Peace Pilgrim during her pilgrimage. These important narratives are important historical documents and can add greatly to our understanding of the impact of Peace's life and message. Please consider sharing your experience for our archives and possible inclusion in our newsletter.**

Friends of Peace Pilgrim

I am a 21 year old man that is in prison for a violent crime. I have been in prison since I was 18 and will not get out until I am 26 years old. But recently I read the *Steps Toward Inner Peace* booklet and I felt that I have to read on and if possible I would like to have your foundation send me a soft cover *Peace Pilgrim Book* that you offer for free.

I will wait for your response and I like the material that is very positive that your foundation provides to people like me that need to work on their state of mind. I thank you for your time and help.

Sincerely  
H. C. – a California Prisoner

*Much of our mail comes from prisoners. Each time we have Steps printed we arrange for a large quantity to be sent to Bo Lozoff and the Human Kindness Foundation in Durham, North Carolina. Bo, Sita, and the staff of HKF have been reaching out to prisoners for many years with their Prison-Ashram Project and have inspired many to more peaceful and productive lives. They include a Steps Toward Inner Peace booklet in each materials package sent to prisoners.*

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Dear Friends,

First I want to thank you for the timely response of my letter. I have received four copies of *Steps Toward Inner Peace*, two copies of the book *Her Life and Work in Her Own Words* together with one steps newsletter. I have good information about peace (in a whole sense) and have inspirational power which enlightens the spirit to contribute for peace. It is really a splendid experience.

After reading I transferred the materials to friends, telling them to do the same. I have also determined to translate *Steps Toward Inner Peace* into Amharic (one of the local languages most Ethiopians speak and understand) to print in one of the local newspapers.

Knowing the way of peace and having inner peace to oneself is not enough until it extends to grow and show a glimpse of truth (at least) to others near and far. This is what I understand from the life and experience of Peace Pilgrim. I want her message to reach and have an influence on peoples' lives.

Faithfully yours,  
Ayele Yilma – Addis Ababa, Ethiopia

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Dear Friends,

The amazing and powerful work of Peace Pilgrim has inspired our congregation enormously. Now more than ever, her message of global peace, beginning with each individual, is life transforming and so very much needed.

In gratitude for her work and your diligent, generous continuation of it, we joyfully share a portion of our tithe with you.

In love and peace,  
Rev. Karen Wolfson – The Center for Spiritual Awakening

## *Offerings from Friends of Peace Pilgrim*

**Dear Friends of Peace Pilgrim:** Here are publications we offer. While we do not charge for these, many ask about sending a donation. You will find the approximate cost for materials and postage after each item. Friends of Peace Pilgrim is an all volunteer 501(c)3 non-profit organization. Donations and bequests are welcomed and tax-deductible. All money goes directly to our work, helping us to continue producing and distributing materials to all who ask.

### PUBLICATIONS

**PEACE PILGRIM: Her Life and Work in Her Own Words** (Standard Edition), 224 pages. Compiled by five of her friends after her transition in 1981. Our printing and postage costs: \$3 for one book. \$2.25 for each additional book. Full Carton (currently 40 books) \$80.

**PEACE PILGRIM** (Compact Edition), 224 pages. This book is the same as the Standard Edition except smaller. Our cost: \$2.25 for one book, \$1.50 for each additional book. Full Carton (currently 48 books) \$60.

**PEREGRINA DE PAZ: Su Vida Y Obra en Sus Propias Palabras**, 216 pages. (Spanish edition of *Peace Pilgrim*) Our cost: \$3.50 for one book, \$3 for each additional book.

**STEPS TOWARD INNER PEACE**, 32 pages. Peace Pilgrim relates her own steps toward inner peace and gives ideas for working for world peace. Our cost: 1-4 copies, 50 cents each. Additional copies, 30 cents. Box of 100, \$27. Box of 500, \$125.

(*Steps Toward Inner Peace* is also available from the Center in Spanish, Chinese, Arabic and Hebrew. Please call or write for information.)

**PEACE PILGRIM'S WISDOM: A Very Simple Guide** by Cheryl Canfield, 224 pages. Includes 365 quotes from Peace Pilgrim – one for every day – and a study guide by Cheryl offering suggestions to help integrate these simple spiritual truths into your life. Our cost: \$5 each.

**PEACE PILGRIM, An Extraordinary Life** by Ann Rush, 16 pages. Peace Pilgrim's life is traced from her ordinary beginnings through a transformation to a life of unusual commitment. Our cost: \$1.50 each.

**THE PEACE PILGRIM COLORING BOOK**. 26 large pages by Barbara Werner and Gary Guthrie. Our cost: \$3 each.

### AUDIO CASSETTES

**CAMPBELL HOUSE, 1959** (90 minutes). A talk that is representative of her message. It also has a brief radio interview the day before she died. Our duplicating and postage costs: \$3 each.

**SALT LAKE CITY, 1955** (60 minutes). Recorded two years after her pilgrimage began. A gentle talk to a small group in a friend's home. Sue Millard, sings a song composed by Peace Pilgrim. Our cost: \$3 each.

**DALLAS CHURCHES, 1979** (60 minutes). Two talks representative of her vigor, joy, and audience rapport. It also has a song composed by Peace Pilgrim, sung by Don Wittig, and Peace Pilgrim's energizing song, "The Fountain of Love." Our cost: \$3 each.

### **PEACE PILGRIM'S SPIRITUAL GROWTH**

(67 minutes). The sound track of the first hour of the "Speaking to a College Class" video. At the end of Side B, Peace Pilgrim relates one of her prison experiences. Our cost: \$3 each.

**STEPS TOWARD INNER PEACE**. Available for the first time as a separate audio tape! Narrated by Ann Rush. Our cost \$3 each

**PEACE PILGRIM BOOK AND STEPS ALBUM**. Eight audio cassette series narrated by Ann Rush. Our cost: \$18.

### VIDEO CASSETTES

#### **INTERVIEWS OF PEACE PILGRIM** (62 minutes).

Includes a short TV program from *PM Magazine*, an interview for WIFR-TV in Rockford, Illinois, and a 30-minute interview at Pensacola Junior College. Our cost: \$6 each.

**ANSWERING QUESTIONS** (55 minutes). Peace Pilgrim in an interesting question and answer session with students in Applied Psychology at the University of Georgia, 1977. Our cost: \$6 each.

**SPEAKING TO A COLLEGE CLASS** (2 hours). Peace Pilgrim speaking at California State University in Los Angeles. A good tape for those who want a more in-depth study of Peace Pilgrim's message. Our cost: \$8 each.

**SPECIAL 30 MINUTE VIDEO**. Highlights of other videos selected for showing to new audiences. Peace Pilgrim tells a few of her most interesting experiences. Our cost: \$5 each.

**THE SPIRIT OF PEACE**. (71 minute documentary).

Interviews of those who knew Peace Pilgrim and those who were inspired by her message. Our cost: \$8 each.

**PEACE PILGRIM: An American Sage Who Walked Her Talk** (approximately one hour). A professional quality documentary film, about Peace Pilgrim's life. Includes much new historical footage and interviews. Our cost: \$8 each.

*All videos are also available in the PAL system, which is compatible with European television. Our duplicating and postage costs: 62 minute and 55 minute videos \$11; two hour video \$12; 30-minute video \$10; documentaries \$10.*

**BACK ISSUES OF OUR NEWSLETTER**. Printing and postage costs, 50 cents each. Inquire about availability.

*Send Requests to:*

**Friends of Peace Pilgrim, 7350 Dorado Canyon Road, Somerset, CA 95684, USA**

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The Norman Transcript  
Norman, Oklahoma December 20, 1955



**PEACE WALKS IN NORMAN**—"Peace Pilgrim" left Norman today to continue her 10,000-mile walk for disarmament. Peace has walked 7,400 miles so far, carrying only a comb, tooth brush and her unanswered mail in her pockets. (Transcript Photo)

After 7,400 Miles . . .

# 'Peace' Pauses Here In Disarmament Walk

By JANE BRYANT

Peace visited Norman today. She spent last night in the home of Dr. and Mrs. Henry S. Robinson and this morning she talked to students in Dr. R. M. Powell's sociology class at the University.

The Peace that visited here is a little soft-spoken, graying woman, who calls herself "Peace Pilgrim." She left Norman this afternoon to continue her 10,000 mile walk for world disarmament.

### Has Gone 50 a Day

Speaking of her pilgrimage, Peace says, "It is an effort to do all that one little person can do for world peace."

Peace averages 25 miles a day, but she

has gone 50 in a day. She stops along the way to talk to church and student groups.

When she started her pilgrimage in 1953 she made this vow: "I shall remain a wanderer until mankind has learned the way of peace - walking until I am given shelter, fasting until I am given food, using money given me to spread the peace Message."

Asked about her real name and her past life, Peace smiled and said she feels that knowledge of this would detract from her cause.



"Ultimate peace begins within; when we find peace within there will be no more conflict, no more occasion for war. If this is the peace you seek, purify your body by sensible living habits, purify your mind by expelling all negative thoughts, purify your motives by casting out any ideas of greed or self-striving and by seeking to serve you fellow human beings, purify your desires by eliminating all wishes for material possessions or self-glorification and by desiring to know and do God's will for you. Inspire others to do likewise."

*Peace Pilgrim: Her Life and Works in Her Own Words*  
- Page 98

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